



# Odyssey

January 2016

## Sunday Services



<b>Jan 10</b>	<p><i>How to be an Ally: Awakening to a new role in a new world</i> (Intergenerational) Aléthea Shiplett</p> <p>What skills &amp; language are needed to live in this new culture? The new role of white people in a multicultural society, seeking justice.</p>
<b>Jan 17</b>	<p><i>Soul Crafting</i> (Intergenerational) Aléthea Shiplett</p> <p>Engaging hands, hearts, &amp; conversation around the 5 core values that we, as a congregation, have identified as unique &amp; important to our Goodloe identity. Materials will be provided for us to create 5 posters that help express who we are.</p> <p>Following the service, please help us with our annual traditions of preparing gift bags to give to people who are homeless on Jan. 18.</p>
<b>Jan 24</b>	<p><i>Don't Want to Sleep Through the Revolution</i> Karen Scrivo</p> <p>Goodloe member &amp; seminarian Karen Lee Scrivo reflects on her own journey to Black Lives Matter &amp; how she &amp; Unitarian Universalists can remain awake &amp; engaged during this time of social change.</p>
<b>Jan 31</b>	<p><i>Loving the Hell Out of the World</i> Visiting Minister, Rev. Christina Leone Tracy</p> <p>Goodloe is delighted to welcome back Rev. Tracy, visiting from the Unitarian Universalist Church of Annapolis. Similar to her November visit, following the service, she will lead a workshop on the topic of our next steps as a congregation.</p>

Sunday Services	1
From the President	2
Board Minutes	3
Goodloe Activities	4
Adult Religious Exploration	5
UU Legislative Ministry	6
Regional UU & Interfaith	7
Calendar	8
Staff Directory	9

*"The color of springtime is in the flowers;  
the color of winter is in the imagination."*

*Terri Guillemets*



# Message from Goodloe's President

In the coming months, we will start clarifying and building on the mission work that we started with Rev.

Christina. The board has discussed the need to clarify the five Core values we proposed in November. In our Going Deeper session, we expressed concerns that we did not fully understand the core values. Some of the values needed more definition, or more clarity, or more meaningful words. This morning, I started my own review of the core values and discovered that I want different words that convey a higher purpose.

**CAUTIONARY NOTE:** I am sharing my personal discovery regarding the core values. At the same time, I am outlining the next steps in our process. I fully expect that we will have a vibrant discussion on core values. I am sharing my exploration to encourage you to reflect and explore the core values for yourself. In this way, we can all agree to core values that are clear, meaningful, and inspiring to us all.

We started with Learning, Intimacy, Ultimacy, UU, and Justice as our five Core Values. These values are on poster paper in the RE room, so you can review them. I started playing a word game - What is the meaning? What is the High Purpose? What is inspiring?

For example, I learn to seek Wisdom, which makes me a better person. Wisdom has religious context in many faiths. Easier to convey the need for Wisdom in our lives.

For me, the meanings behind Intimacy was family and community. Family is too restrictive and exclusionary to newcomers. With a Higher Purpose, community becomes

Beloved Community. We enter in Beloved Community to be accepted as we are, and to be inspired to become a better person.

It was hard for me to relate to Ultimacy. Personally, I want to be close to what is Sacred. I want to be my best self to become my True Self. To be my best self, I need to live a life of Virtue. Some have said 'Deeds not Creeds'. You can know us by our service, our virtue.

UU was too generic. In the past, we have discussed leaving a Legacy. We value the faith that we share. Some of us have talked about our legacy to our children's children. How do we live our lives (our faith) so future generations can inherit our values?

Yes, I do service and justice work. Why? I relate to the person whom I serve a meal. I listen to their story with compassion. Compassion is to suffer with the other person. In our tradition, we have also said 'an injustice to one is an injustice to all.' From my own immigrant roots, I can have compassion for more recent immigrants and their rights. From my sense of Virtue, I have compassion for those who are treated harshly and unfairly — and I will stand in alliance as they seek justice.

So, as I played with the core values, I reframed them to read: Wisdom, Beloved Community, Virtue, Legacy, and Compassion. Same five buckets of interests — with words that have religious context and higher purpose. I invite you to review the five core areas and explore what words they evoke for you.

I encourage you to reflect on each of the five Core Values. Write down in your own words what that value means to you. What does not make

sense? What questions do you have? Is there another way to reframe a core value to make it meaningful. You can share at a Going Deeper session.

**Coming Soon:** On 31 January, Rev Christina will return to preach Loving the Hell out of the World. She will then lead a workshop on the Next Steps. Given our five core values, how do we take those values and make decisions? We have many meaningful projects, but how do they serve our mission? For example, we serve meals at Warm Nights, and this meets our value for service with Compassion. But does it meet our value for Legacy? We deliver a meal, and few people know that we are UU. A new and different project might meet Compassion and Beloved Community — If we volunteered to work with a local school, get to know the teachers and children on a regular basis, then they get to know who we are as UUs because we are become part of their community. Thus, we will learn how to make decisions in support of our core values.

**Going Deeper:** we intend to explore the five core values in our Going Deeper sessions. We will take one core value for a session. Do we understand it? Is it meaningful to us? Does it convey a higher purpose? Does it inspire us? We may find that we prefer a different set of words. We may decide that we like a different core value and decide to drop another one. This is a year to explore. You are invited to attend the Going Deeper session and share your perspectives on the core values.

Ken Shilling,  
Goodloe Memorial  
UU President

# Goodloe Helps

## Please Donate Items to Help People Who Are Homeless

Goodloe is collecting items to help people who are homeless during the winter season. Our goal is to fill bags for 25 people.

- ◆ Labeled bags for each item type are located in the Blue Room. Please put your donations in the appropriate bag.
- ◆ We will assemble gift bags during the Worship Service on Sunday Jan 17
- ◆ On Monday, Jan 18 (Martin Luther King Day), we will meet at Goodloe and go out to deliver the gift bags. Please sign up if you plan to help with the delivery.

## Board Meeting Minutes

**Attendance—Board Members:** Ken Shilling, Jackie Lord, Pete Boudriault, Sid Soderholm, Dick Wobus

**Guest:** Aléthea Shipllett

Dick began the meeting with a spiritual reading #629 “Hanukkah Lights” from the gray hymnal.

The Worship Committee plans and schedules services as a shared task. Responsibilities of each member were discussed.

Status of the worship schedule, which may include several guest speakers, was reviewed. Suggestions for topics and ideas for worship were discussed.

We appreciate donations of the following items for this project.

- Individually wrapped bars of soap
- Travel size lotion
- Travel size toothpaste
- Toothbrushes and Toothbrush holders or covers
- Disposable shavers
- Gloves/mittens
- Hats
- Scarves
- Heavy socks
- Combs
- Individually wrapped hard candy
- Small snack packages of cookies
- Bottled water
- Reusable bags to hold above items

Please sign up for the number and type of items you want to donate so that others will know what is needed.

Please place items in labeled bags located in the Blue Room



Adult RE is close to finishing its current topic of “World Religions.” Possible options for the next phase of Adult RE were presented.

A general schedule of major activities, including workshops, meetings, and the pledge drive, was discussed.

# Goodloe Activities

## Interfaith Visitation Opportunity

Many have said that they would like to visit neighboring places of worship. The Bowie Interfaith Council is planning a tour of Masjid (Turkish for place of prayer). Dick Morris & Karen Scrivo have arranged an invitation for us. Please join us in learning from our neighbors.

**Location:** Diyanet Center of America  
**Address:** 9704 Goodluck Road,  
 Lanham, Md 20706  
**Date:** Saturday, January 30, 2016  
**Time:** 3:00 P.M.-4:30 P.M.

**MP3 audio files of Sunday services are available** on the Goodloe website via the [Sermon Archive page](#). Services are generally posted within a week or two after each service.

## Worship Workshops

Worship Workshops are being offered every second Monday evening to help our volunteer worship leaders with the following:

- Goals and guidelines for preparing a service.
- Discuss options for incorporating music into your service.
- Tips for designing PowerPoint slides for a service.

Workshops are open to all who are interested, even if you are not yet signed up to lead a service.

Anyone who is signed up to lead a service should plan to participate in at least one workshop.

If you want/need to attend a workshop, please contact our worship coordinator ([worship@goodloeuu.org](mailto:worship@goodloeuu.org)) or Religious Exploration Director, Aléthea Shipllett, to arrange a date & time to meet.

## Monthly Fundraisers

In November, Goodloe earned \$100 through Giant Scrip Sales and \$25 through our Amazon fundraiser. Thank you for remembering to support Goodloe when you do your grocery and online shopping.

## Goodloe Readers

Tuesday, Jan 19, 2016, 7:30 pm  
*The ISIS Apocalypse: The History, Strategy, and  
 Doomsday Vision of the Islamic State*  
 by William McCants

This was just published in September so no copies are available yet in the P.G. County library system. But you can get it online in print, electronic, or audio format. This is a hot topic now and will probably continue to be so for the indefinite future.

Come share your thoughts, even if you don't get the chance to read the book. All are welcome.

## Goodloe Coffeehouse

Saturday, Jan 16, 7:30pm

It's Theme Song Night! Play, sing, whistle, or bring the music for one of your favorite theme songs from a TV show. Please bring light refreshments to share and make this a special occasion. Share your talents or just relax and enjoy. Performers, please arrive 15 minutes before the show to sign up for a slot. \$1 for performers and \$5 for audience members. Guests & friends are always welcome. Contact the coordinator if you need child care for younger children. For this as well as other information contact:

[coffeehouse@goodloeuu.org](mailto:coffeehouse@goodloeuu.org)

# Adult Religious Exploration

We are close to completing the discussions on World Religions. There are many paths that we can take: A) another course, B) study and visit to other temples and mosques, C) UU curriculum. Karen Scrivero also mentions another possibility D) Study of Evil.

## A) COURSES

Second chances: some people may be interested in having a repeat of some sessions so they can fill in the sessions which they had missed.

- **Axial Age:** some people may be interested in Zoroaster (ancient Persian). There is a course that covers Zoroastrianism and ancient Hinduism, along with Buddhism, Jainism, and Confucianism and Daoism from China.
- **Religions of Ancient Mediterranean Sea:** There is a course on Greek, Egyptian, Roman religions that influenced Christianity.
- **Comparative Religions:** How do different religions perform rituals, or prayers, or meditations?
- **World Mythology:** Look at myth from all the continents including Americas, Africa, Australia.
- **Sacred Texts:** Readings from various sacred texts around the world.

B) We could arrange to Visit various temples and houses of worship. There are Hindu, Sikh, Buddhist, Muslim, Jewish houses of worship in Prince George's county. We could have a session that covers some of the basics (beliefs, practices, holy books, prophets, etc.) prior to a visit. Then we could visit a particular house of worship for that month.

C) The UUA has developed a number of adult RE curriculum in the UUA web tapestry of faith:

- **Spirit of Life (9 90-minute workshops).** Using lyrics of Spirit of Life as a frame, brings meaning, beauty, inclusivity, and growth to Unitarian Universalists as they deepen their spiritual awareness and connections.

- **Spirit in Practice (10 60-minute workshops).** Helps Unitarian Universalists develop regular disciplines, or practices, of the spirit—practices that help them connect with the sacred ground of their being, however they understand it.

- **Faith Like a River: Themes from Unitarian Universalist History (16 2-hour workshops).** Invites participants to place themselves into our history and consider its legacies and lessons for today. Each workshop presents history of one theme or topic; use singly or choose a short series.

- **Resistance and Transformation: Unitarian Universalist Social Justice History (16 90-minute workshops).** Explores the ongoing struggle of our tradition to live up to its ever-evolving ideals of social transformation. Each workshop explores a single topic; use singly or choose a short series.

- **What Moves Us: Unitarian Universalist Theology (10 90-minute workshops).** Explores life experiences of historic and contemporary Unitarian Universalist theologians, inviting consideration of theological questions that moved each of them.

- **What We Choose: Ethics for Unitarian Universalists (10 90-minute workshops).** Examines ethical concepts, dilemmas, and questions to help clarify and expand knowledge and skills for a process of ethical reflection that is central to living our Unitarian Universalist faith.

D) Karen knows the UU minister Anya Sammler-Michael at Sterling. Anya has written a curriculum on Evil. We could possibly be a test group for use of this curriculum.

Over the next couple of months we will be discussing some of the different possibilities. We will start to gather a consensus on which path/course we wish to pursue next.

Ken Shilling

# Join UU Legislative Ministry of Maryland in Putting Our Faith into Action

by Karen Lee Scrivo, UULM-MD Ministerial Intern

The Unitarian Universalist Legislative Ministry of Maryland will be focusing on five key issue areas during the 2016 Maryland General Assembly. They are: Police Accountability and Criminal Justice Reform, Climate Change, Death with Dignity and Earned Sick Leave. These issues were chosen after reviewing the results of its 2016 Issue Survey of members and considering the legislation expected to come before the 2016 Session of the Maryland General Assembly. The session begins on January 13 and continues through April 11. Since many bills are still in draft stage, specific bill names and numbers were not immediately available. Check the UULM-MD website at <https://www.uulmmd.org> for updates and the many ways you can get involved. Feel free to also contact me at [intern@uulmmd.org](mailto:intern@uulmmd.org). In the meantime, contact your legislators now and let them know that you support legislation in these areas. It's helpful to talk with them before the session starts, so that they are aware of the issue once the bill is introduced. You can find the name of your legislators here: <http://mdelect.net>.

**Police Accountability:** Last June, the Unitarian Universalist Association's General Assembly adopted an Action of Immediate Witness in support of the Black Lives Matter movement. The statement read, in part: that it "recognizes that the fight for civil rights and equity is as real today as it was decades ago and urges member congregations to take initiatives in collaboration with local and national organizations fighting for racial justice against the harsh racist practices to which many black people are exposed." UULM-MD expects to support legislation that would focus on effective law enforcement that upholds equal justice and protects public safety by ensuring accessibility, transparency, and accountability. Last year, the Maryland General Assembly established the Public Safety and Policing Work Group to review the how the current Law Enforcement Officers' Bill of Rights is applied in various jurisdictions as well as community engagement policies. It also reviewed police training, recruiting and hiring practices and the need for a statewide oversight panel for certain types of investigations. The Group's recommendations are expected by Jan. 13.

**Criminal Justice System Reform:** As in 2015, UULM-MD will continue working with the Maryland Alliance for Justice Reform to support legislation aimed at repairing gaps in Maryland's corrections system. Proposed legislation is expected to address funding, risk-screening, diversion, reentry, employment and parole. Specific legislation has not yet been finalized.

**Climate Change:** Climate change threatens our health, our economic security, and our ecological treasures. The primary cause of climate change is human activity that emits greenhouse gases (GHGs), especially burning fossil fuels. Reducing GHGs and using more clean energy will benefit our health and our economy. In 2016, working with our coalition partners, the Maryland Climate Coalition, UULM-MD will support the following legislation:

- **Greenhouse Gas Reduction Act:** Renew the Greenhouse Gas Reduction Act, a groundbreaking law that requires statewide, science-based GHG reductions. Passed in 2009, the law expires at the end of 2016 and will need to be renewed.
- **Clean Energy Jobs Act:** Expand Maryland's clean electricity standard to 25 percent by 2020. The most important way to reduce GHGs is to increase the use of clean, renewable electricity generated by solar and wind power.
- **Death with Dignity:** The End of Life Option Act. UUs have a long history of belief and action promoting Death with Dignity legislation, including a UUA General Assembly resolution in 1988, The Right to Die with Dignity. UULM-MD will support Maryland legislation similar to the bill passed in Oregon, which would allow an adult to request and a physician to prescribe a lethal medication. A number of specific requirements would need to be met prior to this prescription being written.

**Earned Sick Leave:** UULM-MD supports legislation that would provide a pathway for all Maryland workers to earn paid sick leave. A lack of paid sick days exacts its heaviest toll on low-income workers. Missing work due to illness can mean being unable to pay for basic necessities, including the health care services that can get them back to work. UULM-MD is a member of the Working Matters Coalition.

# Regional Events UU & Interfaith

## UULM 2016 Annual Legislative Meeting

*Faith Speaks: Justice Now for All!*

Keynote Speaker: Paula Cole Jones

Saturday, January 23, 2016

8:30am-1:30pm

UU Church of Annapolis

333 Dubois Road, Annapolis, MD 21401

(Snow date: Saturday, January 30th)

Are you concerned about the climate of racial injustice? Of the injustices that exist in our criminal justice system? About low-wage workers who have to send their children to school sick or go to work in our food service industry when they are sick in order to keep their jobs? About the many problems created by climate change and dirty energy sources? Compassionate options for end of life care? The fact that many of these issues overlap and affect the most vulnerable populations in our country?

After reviewing the results of the 2016 Issue Survey that many of you submitted, the UULM-MD Board of Directors is recommending that UULM-MD's 2016 Priority Issues be Criminal Justice System Reform/Police Accountability, Climate Change, Earned Sick Leave and Death with Dignity.

Join UU activists from across the state on January 23rd as we discuss issues of interest to Maryland UUs, how these issues are interrelated and plan for the 2016 Session of the Maryland General Assembly. Participate in advocacy training; develop the faith aspects of your advocacy; increase the voices for liberal religious values in Maryland. Help us better coordinate the efforts of congregations across the state and more effectively involve our ministers, youth and young adults.

In order to be successful, we need your help!

## MLK Celebration Day

Interfaith Council of Suburban Maryland  
Dr. Martin Luther King Jr. Interfaith Service

Monday January 18, 2016, 11:00 am  
Bowie United Methodist Church  
13009 6th St., Bowie, MD 20720

## UU Black Lives Matter Summit

Calling all UUs committed to liberation from racism! We will be gathering for our 3rd UU Black Lives Matter Summit on Saturday, January 30th from 9:30 to 3:30 at Paint Branch UU Church in Adelphi (Prince George's County in Maryland). Register at:

<https://uua.wufoo.com/forms/third-uu-racial-social-justice-summit/>

In the morning, we will start with racial identity caucuses, and then learn from keynote speaker, Marion Gray-Hopkins, and a panel of leaders about how to work for police accountability legislation. We will devote the afternoon to meeting in small groups with representatives from different congregations to reflect on accountability and share about the racial justice actions we have been taking this year. Please make sure at least 2 representatives from each congregation are registered!

## 2016 Joseph Priestley District Assembly

*Congregations in Covenant: Living the  
Interdependent Web*

April 8-9, 2016

Wyndham Garden York

2000 Loucks Road, York, PA 17408

Featuring Keynote Speaker,  
UUA Moderator, Jim Key

Save the Date!

# January 2016

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3 10:30 Worship/RE	4	5	6	7	8	9
10 10:30 Multigen Worship 11:45 Potluck	11 7pm Board Meeting	12 7:15 Bowie Springs Meditation	13	14	15	16 7:30 Coffeehouse
17 10:30 Multigen Worship	18	19 7:30 Goodloe Readers	20	21	22	23
24 10:30 Worship/RE 12:00 Chinese Buffet	25	26 7:15 Bowie Springs Meditation	27	28	29	30
31 10:30 Worship/RE 11:45 Next Steps Workshop						



## Goodloe Memorial Unitarian Universalist Congregation

Ministry: Congregational Lay Leadership

Minister Emeritus: **Rev. John Gaffney**

Religious Exploration Consultant:  
**Aléthea Shiplett**

Music Director: **Noreen Chin**  
[choirdirector@goodloeuu.org](mailto:choirdirector@goodloeuu.org)

Accompanist: **Lorraine Webb**

### Board of Trustees ([board@goodloeuu.org](mailto:board@goodloeuu.org))

President:  
Ken Shilling ([president@goodloeuu.org](mailto:president@goodloeuu.org))

Vice President:  
Pete Boudriault ([vp@goodloeuu.org](mailto:vp@goodloeuu.org))

Financial Officer:  
Sid Soderholm ([finance@goodloeuu.org](mailto:finance@goodloeuu.org))

Secretary:  
Jackie Lord ([secretary@goodloeuu.org](mailto:secretary@goodloeuu.org))

At-Large Trustees:  
Debra Braswell ([trustee1@goodloeuu.org](mailto:trustee1@goodloeuu.org))  
Dick Wobus ([trustee2@goodloeuu.org](mailto:trustee2@goodloeuu.org))

### Committee Chairs

Worship Coordinator: Dick Wobus  
([worship@goodloeuu.org](mailto:worship@goodloeuu.org))

Building & Facilities: Sally Raymond

Coffee House Chair:  
[coffeehouse@goodloeuu.org](mailto:coffeehouse@goodloeuu.org)

Goodloe Green Sanctuary: Vacant

Goodloe Readers: Karen Ackermann

Kiva Investing: Laird Towle

Membership: Ken Shilling

Ministry:  
Ken Shilling, Steve Buckingham,  
Nita Page Daves

Odyssey Editor: Angela Peerman

## Please Buy Giant Scrip

Use scrip as cash at Giant Food Stores.  
Goodloe makes 5% each time you shop.

**There is no additional cost to purchase  
Giant Scrip. Use the scrip like a gift card  
at the check-out line.**

## Remember to click through Goodloe for Amazon.com Purchases

Go to Goodloe's [Fundraisers](#) page. (If you use an Ad-Blocker, be sure to Whitelist this page.) Click the Amazon.com button and make your online purchases. **There is no additional cost for your items, but Goodloe gets a percentage of the sale.**

### Deadline for Next Odyssey: January 22, 2016

Please email submissions to  
[goodloe.newsletter@gmail.com](mailto:goodloe.newsletter@gmail.com)

If you have changed your address, phone, or email, please let us know by emailing [goodloe.memorial@gmail.com](mailto:goodloe.memorial@gmail.com) or call Jackie Lord 301-249-7713 or Nancy Choice 301-805-5345.

**Goodloe Memorial  
Unitarian Universalist  
Congregation** is named  
for Don Speed Smith  
Goodloe, first principal of  
Maryland Normal and  
Industrial School, Bowie.



## Goodloe Memorial Unitarian Universalist Congregation



1540C Pointer Ridge Place  
Bowie, MD 20716  
301 218-5277  
[www.goodloeuu.org](http://www.goodloeuu.org)  
Reverend Cynthia Snavelly  
Service and Religious Education 10:30 am Sundays

