



# Odyssey

April 2014

## Sunday Services

**INSIDE THIS ISSUE:**

<b>Apr 6</b>	<i>Is this Congregation Challenging You to Live Your Faith?</i>	Rev Snavelly
	Christian blogger Rachel Held Evans writes in a piece titled, “Why Millenials are Leaving the Church,” “We want to be challenged to live lives of holiness... living simply, caring for the poor and oppressed, pursuing reconciliation, engaging in creation care and becoming peacemakers.” She suggests that this challenge is not being found in religious congregations. Are we laying down the challenge of faith here at Goodloe?	
<b>Apr 13</b>	<i>(Passover) Roar, Katy Perry</i>	Rev. Snavelly
	What miracles can happen when we are ready to stand up for ourselves?	
<b>Apr 20</b> <b>8:30</b>	<i>Beltane</i>	Angela & Kris Peerman, Rev. John Gaffney, Rev. Snavelly
	At the Peerman home: 17312 Queen Anne Bridge Rd. Bowie Goodloe Scholarship special collection.	
	Because Easter falls closer to Beltane than Ostara this year, we will celebrate the pagan holiday that falls half way between the spring equinox and the summer solstice at our 8:30 a.m. service. Beltane is a time to celebrate the fertility of the earth , and we can celebrate a fertility of our own as well, as we begin new projects and adventures.	
<b>Apr 20</b> <b>10:30</b>	<i>Easter They Knew Him by the Breaking of the Bread</i>	
	“When he was at the table with them, he took bread, gave thanks, broke it and began to give it to them. Then their eyes were opened...” (Luke 24:30-31a). “Jesus came, took the bread and gave it to them, and did the same with the fish. 14 This was now the third time Jesus appeared to his disciples...” (John 21:13-14a). New Testament scholar Norman Perrin describes “a table-fellowship of such gladness that it survived the crucifixion and provided the focal point for the community life of the early Christians.”	
	<b>Please bring canned goods for the Bowie Interfaith Food Pantry. The children will be using them for an Easter can hunt before they are donated.</b>	

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## From the Minister

Dear Members and Friends of Goodloe Memorial:

I write this on the first day of spring. Today is a Thursday. The weather forecast calls for a high in the seventies on Saturday and snow on Tuesday. There is promise, and there is disappointment. So with spring. So with life.

One of my favorite spring poems expresses well the tension of the season and the echo of that tension in our own lives. Jo Sorley writes:

*It takes courage to be crocus-minded.  
God, I'd rather wait until June,  
Like wise roses,  
When the hazards of winter are  
safely behind,  
and I'm expected, and everything's  
ready for roses.  
But crocuses?*

*Highly irregular.  
Knifing through hard-frozen ground*

*and snow,  
and sticking their necks out,  
because they believe in spring  
and have something personal  
and emphatic to say about it.*

*God, I am by nature rose-minded.  
Even when I have studied the situation  
here  
and know there are wrongs that need  
righting,  
affirmations that need stating,  
and know also that my speaking out  
may offend . . .*

*for it rocks the boat . . .  
Well, I'd rather wait until June.  
Maybe later things will work themselves  
out,*

*and we won't have to make an issue  
of it.  
God, forgive, Wrongs don't work  
themselves out.  
Injustices and inequities and hurts  
don't just dissolve.  
Somebody has to stick her neck out,  
Somebody who cares enough to think  
through  
and work through hard ground,  
because she believes and has something  
personal  
and emphatic to say about it.  
Me God? Crocus-minded?  
Could it be that there are things that  
need to be said,  
and you want me to say them?  
I pray for courage.*



Photo: tejvanphotos/Flickr Creative Commons license

May we all have the courage to do what we believe to be right even if the rest of the world isn't quite there yet. Spring does always come.

Blessed be,  
Cyn

## Sunday Services (Continued from Page 1)

<p><b>Apr 27</b></p>	<p><i>On the Path of Boddhisatva</i></p> <p>A boddhisatva is one who decides to pursue enlightenment, not for his or her own sake, but so that he or she might free all sentient beings from suffering. I have been intrigued by this concept and drawn to it, but when I actually read the <i>Bodbucharyavatara (The Way of the Boddhisatva)</i> I was put off by the many references to hell and by the deprecatory passages about the body. As with some Jewish and Christian writings, I had to draw out the passages that struck me as deep and inspiring and pass over that which with I disagreed. My personal reading of this text is a much more Unitarian Universalist reading than a Buddhist one.</p>	<p>Rev. Snavely</p>
<p><b>May 4</b></p>	<p><i>Schubert, Beethoven, Dvorak, Bach</i></p> <p>Classical choices from David Goodkind “Classical music has been lauded for its ability to do everything from improve intelligence to reduce stress, and despite some exaggeration of its benefits, science shows us that it actually does have a marked effect on the brain in a number of positive ways.” Joe Kosterich</p>	<p>Rev Snavely</p>

# Religious Exploration: Spirit Play Corner

Happy Spring!

This season is a time of expansion and growth. Roots, long dormant in the cold earth, now reach down for nutrients and send them flowing up to nurture new growth toward the warmth of the strengthening sun. Our own creative juices are also flowing. Now is the time for our own reaching and stretching toward our best selves.



I've observed another sign of growth in our community – participation in RE is edging up slightly as families choose to attend more regularly.

In order to support this trend, our families will receive an email with a clue about what will be going on, either in worship or in RE, at the upcoming Sunday's gathering.

Please share the tag line in the subject area of the

message with your children. Let them know that we have much more fun when everybody shows up. Their attendance is very important to their community, who loves and misses them when they are not there.

Bright Blessings,  
Ms. Alethea



## Sign Up Today for Clean Energy

Goodlow Unitarian Universalist Congregation is taking leadership on clean energy. Now it's YOUR turn!

This spring, Goodlow Unitarian Universalist Congregation is taking leadership on caring for Creation by participating in a clean energy group purchase organized by Interfaith Power & Light and Groundswell. Now it's YOUR turn to buy 100% clean energy for your home or apartment.

Join with more than 1,000 caring neighbors across DC and Maryland who are coming

together to buy clean energy through the Community Power Program for Homes. This is a vendor-neutral process that leverages the purchasing power of a collective and gives you access to lower rates and better contracts.

Interested in joining our clean energy buying group? Each person who joins will be supporting hopeful clean energy projects and will help our group secure the lowest prices.

Fill out the interest form at: <http://groundswell.org/>

[pledgeCPPhomes](#)

Choose CONGREGATION NAME in the drop-down menu. For each person who enrolls, \$10 is donated to support our missions.

To learn more, check out the FAQs:

<http://www.groundswell.org/programs/for-homes/cpph-spring-2014-faqs>

Questions? Contact Karen Leu from Interfaith Power & Light: [karen@gwipl.org](mailto:karen@gwipl.org), 202-709-7641



Submitted by  
Sarah Stillerman

# Goodloe Activities

## Social Justice Film & Discussion

**Friday, April 4, 7:00 pm**

*Pete Seeger: The Power of Song (2007)*

Filmmaker Jim Brown blends archival footage, interviews and home movies to paint an affectionate portrait of pioneering folk singer and political activist Pete Seeger, best known for the classic anthems "If I Had a Hammer" and "Turn, Turn, Turn." Highlights include candid conversations with legendary artists such as Bruce Springsteen, Bob Dylan and Joan Baez, who weigh in on Seeger's far-reaching influence. 93 minutes

**Friday, May 2, 7:00pm**

*Inequality for All (2013)*

Discussing numerous issues in clear and accessible language former U.S. labor secretary and current UC Berkeley professor Robert Reich makes a compelling case about the serious crisis the U.S. faces due to the widening economic gap. 88 minutes.

## Goodloe Coffee House

Saturday, April 19, 7:30pm

Share your talents or just relax and enjoy. Bring a dish to share as well as \$1 for performers and \$5 for audience members. Guests & friends are always welcome. Contact the coordinator if you need child care for younger children. For this as well as other information contact:

[coffeehouse@goodloecu.org](mailto:coffeehouse@goodloecu.org)

The bell choir rings out songs during services on the 4th Sundays. If you are interested in playing bells, please contact [Ken Shilling](#).

## Goodloe Readers

The book selection for March & April have been swapped — Below is the corrected list. All are available through the PG County Library, Amazon, and local book stores. You do not need to finish the book in order to participate in the discussion. Meetings are at Goodloe at 7:30pm every 3rd Thursday.

**April 17** *Reality Is Broken: Why Games Make Us Better and How They Can Change the World* by Jane McGonigal

**May 15** *Sand County Almanac* by Aldo Leopold

**June 19** *Thomas Jefferson's Qur'an: Islam and the Founders* by Denise A. Spellberg

## Bowie Springs Meditation

The Bowie Springs Meditation group meets on the 2nd & 4th Tuesdays each month from 7:15 ~ 9pm. Three rotating facilitators lead the group in sitting meditation, walking meditation, and a dharma talk and discussion. Participants are invited to stay & enjoy a cup of tea following the activity on 4th Tuesdays.

## Drumming from the Heart

Friday, May 9, 7pm

No prior experience needed. Bring a drum or borrow one. Please let [Ken Shilling](#) know if you plan to attend.

# Adult Religious Exploration

We practiced 'surprise' meditation. We tried simple exercises to say or do things in novel ways. We surprised each other with funny and hilarious outbursts. A number of people related their names back to Goddesses or Empresses. The Scottish "Lard" was priceless.

## Spiritual Practices (3rd Sundays, 11:45-1:15)

- ◆ **20 April - Life Practices:** What practices do we follow to enrich and enliven our life?
- ◆ **18 May - Justice Practices:** What actions do we take to extend justice to another person? How does justice enrich our lives?

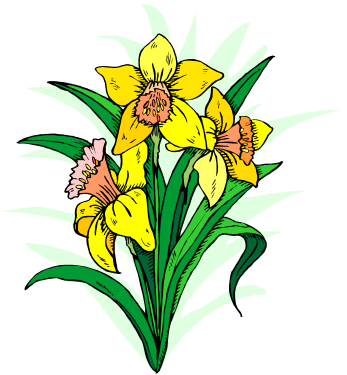
Spiritual Practices will come to an end in June. Ale would like to propose an idea, and hopefully she can visit us to explain her idea. Other suggestions welcome.

## Cultural Literacy of World Religions (1st Sundays 11:45 to 1:15)

We watch a half-hour video and have group discussions on various religions. Last month we learned about the varieties of Buddhism in China and Japan. We wrapped our heads around intriguing concepts. The Laughing Buddha of one week becomes the patron for surprise meditations two weeks later.

## 6 April - Judaism

## 4 May - Varieties of Jewish Thought



## Monthly Fundraisers

In February, Goodloe earned \$21 through its Amazon.com fundraiser and \$118 through Giant Scrip Sales. Thank you for supporting Goodloe!

**MP3 audio files of Rev. Snavelly's sermons are now available** on the Goodloe website via the [Sermon Archive page](#). Services are generally available within a week or two after each service.

*"We hope to always be ready to welcome the stranger into our midst, and give them a place of shelter. As we gather together, we 'let our light shine' out into the world, promoting peace, tolerance, and justice."*

*Rev. Bob Janis-Dillon*

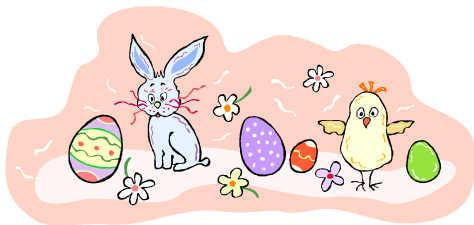
## Upcoming UU Regional Events

### Save the Date

**Economic Inequality Matters:  
Moving Toward Fairness**

**Sat, May 3, 9:30am- noon**  
**UU Church of Arlington**  
**4444 Arlington Blvd.**  
**Arlington, VA**

Join UUSJ and partner groups for an opportunity for timely information with a focus on action and time for discussion. Details coming soon.



## Joseph Priestly District Assembly

**When: Fri, Apr 11, 6pm – Sat, Apr 12, 6pm**

**Where: ACE Conference Center**  
**800 Ridge Pike**  
**Lafayette Hill, PA 19444**

It's not too late to register for the Joseph Priestly District Assembly. There are 17 interactive workshops covering many topics of interest. Complementary childcare is available throughout the event for those who register their children in advance.

The Joseph Priestley District Assembly is a chance for congregational leaders and ministers to meet, network, ask questions,

### Unitarian Universalist Mid-Atlantic Community

UUMAC is 13-19 July, 2014. It is a full & exciting week of intentional community for all ages. Please check the website for more information: daily worship, workshops, afternoon and evening activities. Registration information is here: <http://www.uumac.org/wordpress/uumac-2014>

Ken Shilling will be leading SOUL PLAY for youth and adults at UUMAC 2014. Each day will have a theme and we will find creative ways to explore who we are as individuals and share our stories with each other in fun ways.

provide input on the direction of the district and gather resources and information on a variety of topics and programs through workshops, the keynote address, and the Bookstore. It is an opportunity for education, leadership development and networking in a stimulating UU setting. Don't miss this chance for your congregation to have your voice heard, gain knowledge, and collect new resources. Consider sending a multigenerational team to collect information from many workshops as well as to represent your congregation as delegates.

We hope to see you there!

# The Rainbow Principles

Did you know that the Rainbow Principles that our children are learning in RE correspond to the 7 Unitarian Universalist Principles? It's easy to see when they are listed side-by-side as below. Notice that each of the Rainbow Principles starts with the first letter of that color.

Rainbow Principle	Color	Corresponding Unitarian Universalist Principle
<b>Respect All Beings</b>	Red	<b>1. The inherent worth and dignity of every person.</b>
<b>Offer Fair and Kind Treatment</b>	Orange	<b>2. Justice, equity and compassion in human relations.</b>
<b>Yearn to Learn</b>	Yellow	<b>3. Acceptance of one another and encouragement to spiritual growth in our congregations.</b>
<b>Grow in Spirit and Mind</b>	Green	<b>4. A free and responsible search for truth and meaning.</b>
<b>Believe in Your Ideas and Act on Them</b>	Blue	<b>5. The right of conscience and the use of the democratic process within our congregations and in society at large.</b>
<b>Insist on Peace, Freedom, and Justice</b>	Indigo	<b>6. The goal of world community with peace, liberty, and justice for all.</b>
<b>Value the Connections in All Creation</b>	Violet	<b>7. Respect for the interdependent web of all existence of which we are a part.</b>

Each principle is also represented by an ornament:



Red: People are a gift.



Orange: Act with love.



Yellow: illumination



Green: growth



Blue: Bell



Indigo: Dove



Violet: Earth

# Board Meeting Minutes\*

March 12, 2014



\* The format of the Minutes has been condensed for space while preserving content as much as possible. Complete minutes & additional months' meetings are available by request.

**Attendees:** Cynthia Snavelly, Steve Buckingham, Kris Peerman, Sid Soderholm, Pete Boudriault, Sally Raymond,

**Building & Facilities:** Cleanup day is scheduled for March 22.

**Kaplan Scheduling:** Kaplan has a class running every Sat-Sun from March 23 through mid-April. They arrive around 1:30 pm and are completed by 4 pm. This leaves enough time on March 29 to set-up for the Goodloe Celebration. Kaplan has another class scheduled every Sunday afternoon from July 13—Sept 21. They would like to add a weeknight schedule for Monday and Wednesday evenings. The Board also needs to discuss this in April as well as whether it is time for a rate increase for using our facility.

**Funding for Events:** Future events need pre-authorization for funds. Given our very limited church funds, members should get approval for expenditures before spending church funds.

**Upcoming Events & Activities:** Warm Nights is on March 14. Goodloe Celebration is on March 29. (Further discussion of the Goodloe Celebration follows.)

**Goodloe Celebration:** Dick will do a video recording of the presentation about Goodloe. A direct mailing (at a cost of \$300) was sent to 511 people in the 2 closest districts to the church. Pete purchased a visitor book for the Goodloe celebration, and flyers are up at Bowie State U. The event is posted to the Bowie Patch, Bowie Sentinel, and Bowie Blade. Cyn has reached out to the Bowie Alumni about attending.

Steve will find out if Dr. Maxwell has a PowerPoint or other presentation to accompany his speech. The choir is practicing at least 2 songs, possibly a third. We may have additional speakers. Sally will put together a short program for the event. Steve will be the MC for the event.

**Membership & Finances:** Membership certification has been completed. March 31 is the end of the fiscal quarter, and Sid will prepare an End of Quarter report.

**eScrip:** Steve has finally been able to get eScrip working.

**Pledge Drive:** The Pledge Drive Sunday service went well. As of this meeting, 14 pledges have been received. Last year there were 26 pledges.

**Clean Energy:** Goodloe is on the Clean Currents Groundswell list for the initial launch. There are also materials to hand out to individuals.

**Committee on Ministry:** Steve will request a discussion with these members after the service on Sunday.

**Education Ministry:** Everyone was impressed with Kellie's presentation.

**New Signs:** Sally brought the newly-completed signs to the church.

**Adopt-a-Road:** All paperwork is completed, and we are on the waiting list for a section of road to open up.

**UU Pension Plan Changes:** Documents have been sent. Sid reviewed the current policy (from 2001) that needs to be revised. We need to contact Alethia, Noreen, and Loraine about the changes and give them the opportunity to participate.

**Social Activities:** Circle Suppers are on hold, pending Sally's kitchen renovations.

(Continued on page 9)



## Board Meeting Minutes (Continued)

(Continued from page 8)

### Upcoming Board Elections:

Several Board members' terms are drawing to a close. We need to contact the nominating committee to identify individuals to run for these positions (and for the position that is currently vacant).

**Annual Meeting:** This is set for the 3rd Sunday in May (5/18). The potluck will be moved to this meeting. Steve will give an overview of the past year accomplishments, and there will be a budget report. The budget should be finalized at the April meeting so that it is available for the annual meeting. Side will give a 3rd quarter year report.

The April Board meeting will have a better idea of this year's pledges for constructing a budget.

**Other Matters for the Good of the Congregation:** Rev. Wilson will be in MD on Mon 3/24 & will be speaking about the Earth Recovery group, discussing the effect of humans on the planet.

The meeting was adjourned at 8:30pm.



## Claude AnShin Thomas: Zen of War and Peace

Three independent events, all in the sanctuary of the Unitarian Universalist Church of Annapolis, sponsored by the Mindfulness Practice Group of Annapolis, a "spirituality group" of the UU Church and UU Buddhist Fellowship affiliate. NO charge for any of these events. There will be a dana box out for what you freely wish to give for the Zaltho Foundation.

- ◆ **Thurs, Apr. 10, 7pm:** Public talk: "True Costs of War" followed by book signing of At Hell's Gate. NO registration for this.
- ◆ **Fri, Apr. 11: 9-5:** Retreat for veterans & families only. Please register if you can. It is possible for a veteran to come to the Thursday night

public talk and to meet Claude AnShin (who greatly desires to speak with all vets individually) and THEN to register for the retreat after meeting him. Please bring vegetarian dish to share for mindful lunch. Practices including meditative sitting, walking *explained for ultra-beginners*, even those who have never previously meditated.

- ◆ **Sat., Apr. 12, 9-5:** Retreat open to the public, *all practices explained for ultra-beginners*. Please bring vegetarian dish to share. Please register in advance if you can.

Since the Mindfulness Practice Group of Annapolis hosted three similar events with Claude

AnShin last year, we assure you that you will have an unforgettable experience.

Claude AnShin enlisted to serve in Vietnam at 17. He had been wounded as a helicopter door gunner and returned with a drug dependency and what was later to be labeled PTSD. He slid into a life of addiction and violence. He developed an interest in Buddhism after a retreat with Thich Nhat Hanh (he is the biker in the film Peace is Every Step.) He was ordained a monk by Tetsugen Bernard Glassman in the Order of Zen Peacemakers. Retreats also feature Wiebke KenShin Andersen. Pls. register for either or both retreats at:

<http://www.mpgannapolis.org>

# April 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
10:30 Worship/RE 11:45 Adult RE		7:15 Bowie Springs Meditation	7:00 Board of Trustees	7:00 Choir	6:30 Social Justice Film/Discussion	
13	14	15	16	17	18	19
10:30 Worship/RE 11:30 Pot Luck		Full Moon ☉		7:00 Choir 7:30 Goodloe Readers		7:30 Open Mic Coffeehouse
20	21	22	23	24	25	26
8:30 Sunrise Service 10:30 Worship/RE 11:45 Adult RE		7:15 Bowie Springs Meditation		7:00 Choir		
27	28	29	30	31		
10:00 Worship/RE 12:00 Chinese Buffet				7:00 Choir		

## Goodloe Memorial Unitarian Universalist Congregation

Minister: **Rev. Cynthia Snavely**  
240-475-2111 (cell)

Minister Emeritus: **Rev. John Gaffney**

Religious Exploration Consultant: **Alethea  
Shiplett**

Music Director: **Noreen Chin**  
choirdirector@goodloeuu.org

Accompanist: **Lorraine Webb**

### Board of Trustees

President:  
Steve Buckingham: 443-838-2228

Vice President:  
Vacant

Financial Officer:  
Sid Soderholm 301-789-8638

Secretary:  
Kris Peerman 301-249-2680

Trustees:  
Kevin Smith: 410-258-0928  
Rev Cyn Snavely

### Committee Chairs

Worship: Vacant

Building & Facilities: Sally Raymond

Religious Exploration: Lisa Jacobus

Membership: Ken Shilling

Ministry:  
Ken Shilling, Steve Buckingham,  
Nita Page Daves

Goodloe Green Sanctuary: Vacant

Coffee House Chair:  
Betsy Delaney 301-922-1865

Goodloe Readers:  
Laird Towle: 301-464-1159

Kiva Investing: Laird Towle

Odyssey Editor: Angela Peerman

## *Notice: Lorraine Webb, Maryland Notary*

Lorraine Webb, a certified Maryland Notary, offers her services, free of charge, to Goodloe Memorial members and friends. If you would like to utilize her notary services, contact her: (301) 218-1516 or [llacey33@verizon.net](mailto:llacey33@verizon.net).

## Please Buy Giant Scrip

Use scrip as cash at Giant Food Stores.  
Goodloe makes 5% each time you shop.

**There is no additional cost to purchase  
Giant Scrip. Use the scrip like a gift card  
at the check-out line.**

**Deadline for Next Odyssey:  
April 22<sup>nd</sup>, 2014**

**Please email submissions to  
[goodloe.newsletter@gmail.com](mailto:goodloe.newsletter@gmail.com)**

If you have changed your address, phone, or email, please let us know by emailing [goodloe.memorial@gmail.com](mailto:goodloe.memorial@gmail.com) or call Jackie Lord 301-249-7713 or Nancy Choice 301-805-5345.

**Goodloe Memorial  
Unitarian Universalist  
Congregation** is named  
for Don Speed Smith  
Goodloe, first principal of  
Maryland Normal and  
Industrial School, Bowie.



## Goodloe Memorial Unitarian Universalist Congregation



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Reverend Cynthia Snavelly  
Service and Religious Education 10:30 am Sundays

