



Odyssey

October 2013

Sunday Services

Oct 6 *Hunger*

Rev. Cyn Snavelly

Today will be the Bowie CROP Walk that supports the Bowie Food Pantry locally and wider programs to address hunger in the world. How we eat affects our own health, the health of the environment and the health of others. Ethical eating is a phrase I have only learned in the last few years. What it means is vast.

Oct 13 *Same Love: Macklemore and Ryan Lewis*

Rev. Cyn Snavelly

To get some young adult input on this year's music-based service themes I asked my daughter to tell me a couple of her favorite songs. She named "Same Love" as a favorite. October 11 was National Coming Out Day, so today seems an appropriate Sunday to use this song as the theme for our service.

Oct 20 *Finding a Life Purpose, Losing a Life Purpose, Finding Purpose Again*

Rev. Cyn Snavelly

I heard an interview with Linda Ronstadt in which she spoke of losing her ability to sing. Recently she has been diagnosed with Parkinson's Disease so now she knows why she hasn't been able to sing, but she also knows she will

not be able to regain her voice. For someone who has identified herself from the age of 4 as a singer that can be hard, but it does not mean the end of life.

Oct 27 TBA

Steve Buckingham

UULM-MD special collection

Daylight Savings Time Ends
Nov 3 *The Blessing of the Dead*

Rev. Cyn Snavelly

"For over the hills of the Earth blows the dust of the withered generations
And not a water-drop in the sea but was once a blood-drop or a tear...
Handful of dust, you stagger me...
I did not dream the world was so full of the dead;
And the air I breathe so rich with the bewildering past....." James Oppenheim

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Goodloe/UU Orientation

On Sunday, October 13 after the service there will be an orientation to Unitarian Universalism and to the congregation.

Please register with Rev. Snavelly if you will attend, voice or text 240-475-2111 or minister@goodloeuu.org. Please note whether you will need child care.

We will address some of the history and polity of the denomination, opportunities within the congregation and beyond, and address questions from those in attendance.

From the Minister



Dear Members and Friends of
Goodloe Memorial:

I write this on September 17, the day after the shooting at the Navy Yards, the day that the news was shared that the shooter, Aaron Alexis, had a history of mental health issues including paranoia. Most people with mental illness are not violent. The webpage of the National Alliance for the Mentally Ill (NAMI) www.nami.org features the following people who had some form of mental illness; Abraham Lincoln, Winston Churchill, Theodore Roosevelt, Audie Murphy, Frido Kahlo, Mohandas Gandhi, Virginia Woolf, Syd Barrett, Nina Simone, and Mike Wallace.

But, violent and non-violent we are failing the mentally ill of our societies. In the 1800s Unitarian reformer Dorothea Dix toured jails and almshouses documenting the miserable treatment of the mentally ill and lobbying for reform in Massachusetts and then throughout the country. A system of state mental hospitals was put into place. But, these institutions too failed to serve the people they were meant to help. Today many of the mentally ill are again in jails or on the streets.

Eric Tucker, Jack Gillum and Lolita C. Baldor reported for the AP that, "A month before he went on the rampage that left 13 dead, Washington Navy Yard gunman Aaron Alexis complained to police in Rhode Island that people were talking to him through the walls and ceilings of his hotel rooms and sending microwave vibrations into his body to deprive him of sleep.... Newport police alerted the Rhode Island naval station and sent a copy of the police report...." We don't know what happened after that, but apparently not the something, whatever that might be, that could have helped Alexis and kept 12 other people alive.

Many of us suffer from some form of mental illness ourselves and/or have family members and friends who do. It is unlikely that any of us or them will go on a shooting rampage. But, many, like Alexis, need more help or different help than is received. The National Alliance for the Mentally Ill has support groups, but they also encourage advocacy. Interested people can sign up for their alerts and legislative E-News here:

<http://capwiz.com/nami/home/>

Thirteen people died on September 16 at the Naval Yards. All, including the shooter, had what our Unitarian Universalist principles call inherent worth and dignity. None should have died in a mass shooting. Yes, change our gun laws, but, also, speak out for better treatment for mental illness. Nineteenth century Unitarian Dorothea Dix said, "I come to present the strong claims of suffering humanity. I come to place before the Legislature of Massachusetts the condition of the miserable, the desolate, the outcast. I come as the advocate of helpless, forgotten, insane men and women; of beings sunk to a condition from which the unconcerned world would start with real horror." In 21st century language may we take up her cause.

Blessed Be,
Cyn



From the President: A Good Beginning



The new church year is well under way with a lot of good things happening.

- Alethea Shiplett has started as our new Director of Religious Exploration, and the children are learning about the UU principles.
- Adult RE has begun with sessions every first and third Sundays exploring spiritual practice.
- Our new Education Ministry has kicked off under the name of Homeschooling Umbrella Group (HUG) with several families participating.
- The Coffee House had its first fall session on September 21 with good attendance and enjoyable entertainment.
- The Choir has resumed rehearsals, now on Thursday evenings to accommodate the Director's class schedule at Bowie State, and the holiday choir service is now being planned for December 22.
- We have scheduled another "murder mystery" fundraiser for November 2,

since the first one was so much fun.

- We have set up a new way for members and friends to support us through registering their credit cards with eScrip (<http://www.escrip.com/program/about.jsp>) so that a small percentage of purchases comes to us.
- Repairs to our HVAC systems have been addressed in time for the coming cooler weather.
- Facility rental has increased with Kaplan scheduling more classes in our building.
- Membership has increased, and we are seeing more children in RE.

The Board is planning a lot more over the coming year, and we will be asking for your help and participation in activities that we believe will be enjoyable, rewarding and spiritually fulfilling. This is a good beginning, but much more is yet to come.

Steve Buckingham

Memorial Service for Bill Byers

Bill Byers, a former member of the congregation and best friend of Dick Morris, died Wednesday morning, September 11. He was 87 years old. A memorial service will be held at Goodloe on Saturday, October 5 at 4:00pm.



Bill Byers was an artist who painted jazz musicians, abstracts and civil rights paintings. He also played the alto sax, loved jazz, went on numerous jazz cruises and to jazz festivals and had an encyclopedic knowledge of the music. He was an art teacher most of his life after studying art in Mexico and Detroit.

Giant Scrip Sales Volunteer Needed

Barb Puccio is seeking a volunteer to take over the sale of Giant scrips. It is very easy to do, with very little work & reporting involved. The main requirement is to be someone who attends Sunday services most of the time so that people can buy the scrips. Please email her if you can help with this: bpucandy@aol.com

Religious Exploration—Spirit Play Corner

Friends and Families of Goodloe,

Happy Fall! Change is in the air, on the Earth, and in our faith community. Last year, we explored the roots of our U.U. faith through the “sources” stories. We are now moving up the trunk of our U.U. tree (see the banner in the R.E. area) to the branches – our 7 U.U. promises (or principles). The children are making their own U.U. tree posters to take home. Families, you are invited to display these posters in a prominent place in your homes so that you may refer to them in your day-to-day conversations:

- “I wonder which rainbow promise might help us here.”
- “I wonder if the rainbow promises might give us some guidance with this situation.”
- “I wonder which rainbow promise you are demonstrating right now.”

Wondering with your children about how their choices may connect with the 7 rainbow promises is a powerful way to

integrate the messages they are receiving at church with their day-to-day choices.

We will also share our Rainbow path through the seven promises with the larger congregation during “Time for All Ages.”

Two final items:

1. All donations to RE or the nursery will first be approved by the RE Director. We’re tightening up the ship by ensuring that the books and materials that our children engage with are in good condition and reflect our U.U. culture.
2. We are in need of the wooden boxes that clementine oranges come in. We will paint them and use them as story boxes in Spirit Play.

Bright Autumn blessings to you all.



Namaste!
Alethea Shiplett

Adult Religious Exploration

Adult RE meets on 1st & 3rd Sundays 11:45am-1:15pm.
The topics are presented on the alternating schedule below:

Cultural Literacy for Religion: Everything the Well-Educated Person Should Know	
Oct 6	Buddha and Waking Up
Nov 3	Schools of Buddhism
Spiritual Practices (Workshop Series)	
Oct 20	Personal Spiritual Practices
Nov 17	Community Spiritual Practices

Amazon.com

In August, Goodloe earned \$8.83 through the Amazon.com fundraiser. You can benefit Goodloe when you shop at Amazon at no extra cost to you. Enter the Amazon site through the link on the Goodloe webpage, and a portion of the sale will go to the congregation.

<http://goodloeuu.org/AmazonLink2.html>

Goodloe Activities

Another Evening of Mystery with Goodloe Saturday, November 2, 5-9pm

Goodloe's Murder Mystery party back in May was fun, so we're doing another one with a spooky theme! It is being held at the Peerman's house (just 1.5 miles from the church). Everyone who signs up will be given a part to play. Players may be given simple tasks to accomplish and important evidence to help solve the mystery.

Please sign up in the church lobby or email the Peermans if you can attend. Recommended donation is \$10 per person and a pot luck dish to share.

If you have questions, please get in touch with Kris & Angela Peerman (angela.peerman@gmail.com). See you there!



Goodloe Coffee House

Saturday, Oct 19, 7:30pm

Share your talents or just relax and enjoy. Bring a dish to share as well as \$1 for performers and \$5 for audience members. Guests & friends are always welcome. Contact the coordinator if you need child care for younger children. For this as well as other information contact:
Betsy Marks Delaney 301-922-1865
coffeehouse@goodloeuu.org

Bowie Springs Meditation

The Bowie Springs Meditation group meets on the 2nd & 4th Tuesdays each month from 7:15 ~ 9pm. Three rotating facilitators lead the group in sitting meditation, walking meditation, and a dharma talk and discussion. Participants are invited to stay & enjoy a cup of tea following the activity on 4th Tuesdays.

Goodloe Readers

Thursday Oct 17, 7:30pm

["When Elephants Weep: The Emotional Lives of Animals"](#)

by Jeffrey Moussaieff Masson

One copy is available through the PG County Library, and digital/audio versions can be purchased online. The link contains editorial and readers' reviews. You don't have to read the entire book to be part of the discussion.

Social Justice Film & Discussion

Friday Oct 4, 7:00pm

[Bully \(2011\)](#) 99 minutes

Exploring the subject of school bullying from a personal angle, this eye-opening documentary tracks the stories of five different families whose children are struggling to defend themselves on a near-daily basis.

Regional Activities

One World Coffeehouse

The One World Coffeehouse's goal is to build community by presenting an array of artistic and musical talent in a comfortable, family-friendly setting. Performances take place in front of candle-lit tables in the grand listening room of the Owen Brown Interfaith Center at 7246 Cradlerock Way, Columbia, MD 21045. Held from 7:00–9:30pm with doors opening at 6:30pm, the uniqueness of the setting allows an intimate performance between musician and audience.

Enjoy supporting these talented performers while also raising funds for a good cause. A portion of the proceeds help people in need

through the charity outreach of the Unitarian Universalist Congregation of Columbia. Suggested minimum donation \$12 .

Snacks and sodas are also available for sale; feel free to bring your own wine or beverage.

Oct 26- The Boxcar Lillies
www.boxcarlilies.com

The Boxcar Lilies, hailing all the way from Massachusetts, have quickly made a name for themselves with their spine-tingling, innovative harmonies and quality songwriting combined with their uniquely warm sound and energetic stage presence.

Sabeel DC Metro 3rd Annual Fall Seminar

Saturday, Nov. 16, 9:30am to 4pm
 Kresge Center Refectory,
 Wesley Theological Seminary
 4500 Massachusetts Ave., NW
 Washington, DC 20016

Zionism Through Christian Lenses:
 Ecumenical Perspectives on the
 Promised Land

A project of Sabeel DC Metro. For more info contact Carole Monica Burnett monica70x7@yahoo.com. To receive e-mail updates about this exciting and timely event, contact Paul Verduin phverduin@gmail.com.

Free parking. Luncheon provided with registration. Registration information will be sent out soon, but mark your calendar now, and save the date!

Meet, hear, & debate the seven authors of this newly released book's insightful & thought-provoking essays.

Want to read Zionism Through Christian Lenses in advance of the Nov. 16 seminar? You can order a copy from:

www.wipfandstock.com.

Edited by Carole Monica Burnett; foreword by Sabeel founder and director Rev. Dr. Naim S. Ateek.

Authors include:

- ◆ Carole Monica Burnett (Ecumenical Institute),
- ◆ Daryl P. Domning (Howard University),
- ◆ Stephen H. France (Sabeel DC Metro),
- ◆ David W. Good (founder, Tree of Life),
- ◆ Beverly Eileen Mitchell (Wesley Theological Seminary),
- ◆ Bernard Sabella (Bethlehem University),
- ◆ Paul H. Verduin (Sabeel DC Metro).

Opportunities & Special Events

CROP Walk

Want to contribute to reducing local and world-wide hunger? The Bowie CROP Walk is Sunday, October 6, at 1 PM at the St. Matthew's United Methodist Church, 14900 Annapolis Road. Be a walker (3.5 miles or 1 mile) and solicit donations. Or, donate to a walker. You can also donate directly online (http://hunger.cwsglobal.org/site/PageServer?pagename=events_md) by selecting the Bowie CROP Walk.

The Bowie Food Pantry will receive 25% of all contributions. By default, 75% of your donation will go to the Church World Service, a Christian organization providing food security, development, and disaster relief world-wide. If you wish, you can designate one of 180 alternate international development agencies (<http://www.interaction.org/member-directory>) to receive the 75% instead.

Families, especially those engaged in home schooling, and groups associated with Goodloe are urged to consider participating in some way. Contact Sid Soderholm (301-789-8638 or sidsoderholm@yahoo.com) to sign up to walk, to make a donation to a walker or to learn more about designating your donation.



The Warming Spirit of Community: 3rd Annual Delmarva UU Celebration

Sunday Oct 13, 10:30am
Cape Henlopen High School
1250 Kings Highway, Lewes, DE

Hosted by [UUs of Southern Delaware](#)
Event Chair: Pam Smith 302-424-4015
(patchesmom1and2@comcast.net)

Bed & Breakfast Arrangements for Oct 11-15 may be made thru UUSD. Stay with members of the UUSD and enjoy friendly environments, uncrowded beaches, tax-free shopping and more. Contact Linda Cangin Bennett at lindabgcb@comcast.net.

Diwali Festival of Lights 2013

Some of us will be going to this event which runs from 12noon to 10pm Saturday, October 5 at Fedex Field in Landover. It is hosted by the Association of United Hindu and Jain Temples of the Washington DC Metropolitan Area (UHJT). The Festival will feature Indian foods, fashion shops, jewelry, cosmetics, books, children's entertainment, and fireworks. Tickets are purchased at the door and are \$5 for a regular ticket and \$3 for a senior ticket. To arrange to eat dinner together and to watch the fireworks together at 8 contact Rev. Cyn 240-475-2111 or minister@goodloeuu.org. Cyn will be leaving for the festival from Goodloe after the Byer memorial service.

Board Meeting Minutes*

July 11, 2013

* The format of the Minutes has been condensed for space while preserving content as much as possible. Complete minutes and additional months' meetings are available by request.



Attendees: Cynthia Snavelly, Steve Buckingham, Sid Soderholm, Kris Peerman, Sally Raymond, Pete Boudriault.

Building issues: The building's HVAC system needs the newer refrigerant. The coolant pipes are on the floor in the attic. There is a condensation problem with the system. The system is sitting too low and is improperly vented. The air handler needs to be raised up to fit a pan underneath. The system requires the newer more expensive coolant. Sally will get an estimate for the repair.

Finances: Sid is working on a budget and a spending plan. Financial reports are available.

E-script: Steve went to fill in the application but needed financial information. Steve will get Account information from Sid.

Education Ministry: We are registered for the education ministry. We have already received at least one call concerning this initiative.

Building Access: Sally has

obtained a new lockbox. The lockbox is located on the emergency exit door. If you need access to this box please contact Sally for the combo. There is an issue with the main door lock. This will be switched with the lock in the Main Sanctuary door.

Upcoming Activities: There is a cleanup scheduled for 24th of August starting at 10am. There is a sign up sheet for the clean up. There will be a march on Washington August 24th. An RE assistant needed for this Sunday.

Upcoming Sunday Services: Cyn is working on the September through June Sunday Service schedule. There is only money for 1 more guest speaker. There is a need for 10 lay services.

Fall Events: The Bowie Interfaith Food Pantry is moving on Monday. Anybody who wants to help any help would be greatly appreciated. There is some interest in the Diwali Festival this is happening October 5th. There will be an advertisement sent out to

find out about increased interest. The Interfaith Thanksgiving Service will be hosted by the Jewish Temple since it is also the first day of Hanukah.

Pastoral Care: There have been a few cards sent out to members.

Staffing: Contracts have gone out for Alethia and Noreen. Noreen will sign and bring it on Sunday. Last month we looked at the job description for Reverend Cynthia Snavelly. Cyn's job description needs to be reconciled against new UUA contract. We will delete the provision about regular office hours. There were minor changes to the ministers duties and contract. Steve will write up the changes to the Ministers Contract.

Committee on Ministry Representatives: We need to make sure that all staff members have a representative on the Committee on Ministry. Cyn will talk to Cathy and we still need to talk to Alethia

(Continued on page 9)

UUSJ Social Justice Awards

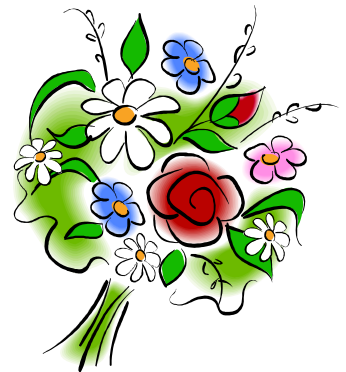
Unitarian Universalists for Social Justice (UUSJ) and Open Door Housing Fund invite you to our 6th Annual Social Justice Awards Gala
 Sunday, October 20, 5:30 p.m.
 Positano's Ristorante Italiano
 4948 Fairmont Ave.
 Bethesda, MD

Tickets are \$75.00 (\$39.60 is tax deductible - receipt will be available at the Gala)
 Where can you get a dose of social justice inspiration that lasts all year; learn about innovative programs and best practices implemented by regional social activists; meet the people responsible for social justice successes that can be replicated? At the 2013 Social Justice Awards Gala! Cheer the winners, enjoy the camaraderie, make new friends and contribute to enable more good work to be done in 2014.

Ordination of Anastassia Zinke

Sunday November 17th, 2013
 All Souls Unitarian Church
 Indianapolis, IN

Wishing great blessings to Anastassia and her lovely family in their new home and new congregation.



Board Meeting Minutes (Continued)

(Continued from page 8)

about her representative.

Goodloe handout/brochure updates: We are still waiting on Dick Morris to get the permissions for the brochure. Cyn will follow up with Dick and will check with Noreen and Alethia.

Education Ministry: There was a discussion about the education ministry. There is an agreement for parents and our agreement with the representative. There were minor changes to the

contracts.

Facebook Page & Google Account: Steve has started working on the Facebook page. Cyn has accessed the DRE email.

Communication Guidelines: Sally has sent out an email which will be reviewed by the Board and will be discussed at the next meeting.

Road Signs: Pete is looking into a road sign. There was an idea to maybe put up the adopt a road sign. State Highway administration would be required for a

permanent sign.

Fundraising: There was a discussion about fundraising opportunities including a fall Murder Mystery.

Special Collections: There was talk about the special collections. The suggest was made to keep the collections at no more than 6. UULM, UUSJ, GWIPL, UMAC, Goodloe Scholarship, Guest at your table. This was confirmed by the Board.

The meeting was adjourned at 9:00pm.

October 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
10:30 Worship/RE 11:45 Adult RE		7:15 Bowie Springs Meditation	7:00 Board of Trustees	6:30 Spiral Scouts 7:00 Choir	6:30 Social Justice Film/Discussion	
13	14	15	16	17	18	19
10:30 Worship/RE 11:30 Pot Luck				7:00 Choir 7:30 Goodloe Readers	Full Moon ☉	7:30 Open Mic Coffeehouse
20	21	22	23	24	25	26
9:45 Family Choir Practice 10:30 Worship/RE 11:45 Adult RE		7:15 Bowie Springs Meditation		7:00 Choir		
27	28	29	30	31		
10:00 Worship/RE				7:00 Choir		

Goodloe Memorial Unitarian Universalist Congregation

Minister: **Rev. Cynthia Snavelly**
240-475-2111 (cell)

Minister Emeritus: **Rev. John Gaffney**

Religious Exploration Consultant:
Alethea Shiplett

Music Director: **Noreen Chin**
choirdirector@goodloeuu.org

Accompanist: **Lorraine Webb**

Board of Trustees

President:
Steve Buckingham: 443-838-2228

Vice President:
Catherine Weber 410-224-3353

Financial Officer:
Sid Soderholm 301-789-8638

Secretary:
Kris Peerman 301-249-2680

Trustees:
Kevin Smith: 410-258-0928
Rev Cyn Snavelly

Committee Chairs

Worship: Karen Scrivo

Building & Facilities: Sally Raymond

Communications: Vacant

Membership: Ken Shilling

Ministry:
Ken Shilling, Steve Buckingham,
Nita Page Daves

Goodloe Green Sanctuary: Vacant

Coffee House Chair:
Betsy Delaney 301-922-1865

Goodloe Readers:
Laird Towle: 301-464-1159

Kiva Investing: Laird Towle

Odyssey Editor: Angela Peerman

Notice: Lorraine Webb, Maryland Notary

Lorraine Webb, a certified Maryland Notary, offers her services, free of charge, to Goodloe Memorial members and friends. If you would like to utilize her notary services, contact her: (301) 218-1516 or llacey33@verizon.net.

Please Buy Giant Scrip

Use scrip as cash at Giant Food Stores.
Goodloe makes 5% each time you shop.

There is no additional cost to purchase Giant Scrip. Use the scrip like a gift card at the check-out line.

**Deadline for Next Odyssey:
October 22nd, 2013**
Please email submissions to
goodloe.newsletter@gmail.com

If you have changed your address, phone, or email, please let us know by emailing goodloe.memorial@gmail.com or call Jackie Lord 301-249-7713 or Nancy Choice 301-805-5345.

**Goodloe Memorial
Unitarian Universalist
Congregation** is named
for Don Speed Smith
Goodloe, first principal of
Maryland Normal and
Industrial School, Bowie.



Goodloe Memorial Unitarian Universalist Congregation



1540C Pointer Ridge Place
Bowie, MD 20716
301 218-5277
www.goodloeuu.org
Reverend Cynthia Snavely
Service and Religious Education 10:30 am Sundays

