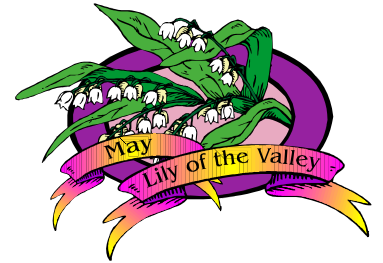




Odyssey

May 2013

Sunday Services



May 5 *What Does It Mean to be a Spiritual Community?*
Rev. Cyn Snavelly

How do we find the spiritual together even as we define the spiritual differently?

May 12 *Dementia and the Present Moment: A new experience of dementia, presence, and wisdom.*
Lauren Bond Kovsky

Please Note: Due to Mothers' Day, the monthly potluck is deferred to the following week.

Lauren Bond Kovsky is a caregiver and lifelong naturalist originally from Bowie, MD. She now resides in Colorado, reconnecting people to the natural world and caregiving for many. Her website is: www.thepathtransitions.com.

As a caregiver for seniors, I have been blessed to look through windows into many different worlds. My clients, as they edge toward a century of living, share their stories freely as I listen in wonder. I spent last summer with an incredible woman with advanced dementia, and had a profound revelation about the power of the present moment in my senior friend's world. She changed my life, and today I will share the story of my glimpse

into her world of sunsets and flowers, where the past and the future do not exist.

May 19 *How This Generation Would Like to Change the World for the Next*
Rev. Cyn Snavelly

What about Goodloe now would you want the next generation of members to still have? What is something you would like to pass on to the next generation that Goodloe does not presently have?

Flower Communion: Please bring a flower to exchange. The flower may be from your home, the roadside or a shop. Also, we are having our potluck this Sunday before the annual meeting.

May 26 *Praying for Peace with Justice: Multigenerational Memorial Day Service*

We remember the soldiers, the ambassadors, the politicians, the volunteers, and the citizens of the past who desired to give something to this nation. We commit to also do something ourselves to make this country the kind of nation we want it to be.

June 2 *Multigenerational Religious Exploration Sunday*
Anastassia Zinke

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Please Note: Next month's Odyssey will be the Summer issue, covering the months of June-August. If you have anything you wish to contribute for the summer, it must be received by the May 22 submission deadline.

From the Minister



Dear Members and Friends of
Goodloe Memorial:

This month we will hold our annual meeting. New officers will be elected. The draft budget based on the result of the pledge drive will be reviewed. Steve, as President, will give an overview of the past year. It may not be exciting but it is about what holds us together. Your willingness to volunteer and to give is what creates and sustains Goodloe Memorial.

We have a new choir director, Noreen Chin. Soon Anastassia will leave as our Religious Exploration Consultant and go on to serve as minister at All Souls Church Indianapolis. We are in process of hiring a new Director of Religious Exploration. I will begin my twelfth year as your minister. Staff, however, cannot make a congregation. We can lead, but we need someone who will follow.

Goodloe is a unique Unitarian Universalist congregation. We are more economically diverse than most of the UU congregations in

the area. That can be a challenge at pledge time, but it is also a great gift. Our congregation may feel more welcoming and inclusive because of this.

For a small congregation we have a full program with children's and adult religious exploration, our Sunday service, choir, coffee house, Buddhist meditation, the readers, a bell choir and more. You are the people that make that program possible. If you appreciate it, which I believe you do, tell your friend, your neighbor, your coworker. You are our best advertisement.

Thank you for eleven years of ministry together. I am looking forward to seeing what year twelve may bring.

Blessed Be,
Cyn

UUA General Assembly

You are invited to attend the 2013 General Assembly (GA) in Louisville, Kentucky from June 19-23, 2013. The theme of this GA is "From Promise to Commitment." Building on the experience of Justice GA, we will gather in Louisville to examine and renew our covenant to our faith, one another, our congregations and the larger world.

Programs will explore the kinds of promises our religious communities are called to make as we seek to live out our Unitarian Universalist values; how we make these promises, with whom, and how we hold ourselves and each other accountable. Here

are just some of the topics that will be addressed: environmental justice, the next steps in immigration justice, anti-racism, anti-oppression multiculturalism, organizing for justice, multigenerational work, growing Unitarian Universalism, leadership education, spiritual growth and theology. There will also be many, many opportunities to worship.

Most General Assembly events will be held in the Kentucky International Convention Center, 221 Fourth Street, Louisville, KY 40202. [Google Map](#).

(Continued on page 3)

More From the Minister: Charoset Recipes

Several people requested the charoset recipe from Passover. I believe I may actually have the recipe from Steve Buckingham, as it is on a page in my files along with another charoset recipe which looks like one he has made a number of years for Passover at Goodloe. The word "charoset" comes from the Hebrew word *cheres* (חֶרֶס), which means "clay." The color and texture are meant to recall mortar which the Israelites used when they were enslaved in Egypt.

Here are both recipes.

Ashkenazic Apple-Nut Haroset

- 6 apples, peeled and coarsely chopped
- 1/3 cup chopped almonds
- 2 Tbsp sugar
- ½ tsp cinnamon
- Grated rind of lemon
- 1 Tbsp red wine (I actually used grape juice since that is what I had)

Combine all ingredients, mixing together thoroughly. Add a little more wine as needed.

Blend (you can use a food processor) until you reach the desired consistency. (I actually blended part and left part coarsely chopped). Chill.

Makes about 3 cups.

Sephardic Seven-Fruit Haroset from Surinam

- 8 oz. unsweetened coconut
- 8 oz. walnuts, chopped or almonds, grated
- ¼ cup sugar
- 1 Tbsp cinnamon
- 8 oz. raisins
- 8 oz. dried apples
- 8 oz. dried prunes
- 8 oz. dried apricots
- 8 oz. dried pears
- 4 oz. cherry jam
- Sweet red wine



Combine everything except the jam and wine in a large heavy pot. Add water to cover. Simmer over low flame, stirring occasionally with a wooden spoon. Add small amounts of water periodically so that mixture does not

stick to the pot. Continue stirring. Cook for at least 90 minutes. When mixture is cohesive, stir in the cherry jam. Let stand until cool. Add enough sweet wine to be absorbed by the haroset mixture. Refrigerate.

Makes about 5 cups.

UUA General Assembly (Continued)

(Continued from page 2)

General Assembly (GA) is the annual meeting of our Unitarian Universalist Association (UUA). Attendees worship, witness, learn, connect, and make policy for the Association through democratic process. Anyone may attend; congregations must certify annually to send voting delegates.

All participants and attendees of GA programmed events must be registered. Children (younger than high school age) are welcome to attend GA events with their parents or guardians at no cost, but are still required to register.

Registration is open, with pre-registration ending June 7. To find out more information and to register, visit the [UUA website](#).

Adult Religious Exploration Spring Schedule

Adult Religious Exploration meets on the first and third Sundays after the Worship Service (except where otherwise noted).. We are studying "Cultural Literacy for Religion."

The Schedule through June is as follows:

Sunday after service 11:45 to 1:00PM. The sessions are half hour of video, and half hour of discussion.

- April 7 (Completed)
Religion and its Meaning
- April 21 (Completed)
Divinity and Devotion – Definitions and Views
- May 5: Hindu Texts and Teachings
- May 19: **No Adult RE due to the annual meeting.**

- June 2: Hindu Gods and Devotional Practices
- June 16: Gita to Gandhi
- June 30: Buddha and Waking Up

During the first session, we talked about the Pew Forum Religion Survey. There are 15 questions. How many questions can you answer correctly?

<http://features.pewforum.org/quiz/us-religious-knowledge/index.php>

We also talked about writing your own definition of "What is Religion?"

Past videos are available if people want to catch up on a session, or if people want to lead a session.

Fall Session: Facilitator Needed

Following the Spring series, Adult RE will take a break for the Summer than resume in September with **Spirit in Practice: Ten Workshops for UU Adults.**

We need a volunteer to coordinate the video presentations and the discussions. Please contact Gayle Scroggs, the Adult RE "Point of Contact," at gscroggs@gmail.com or (443) 453-1979 to discuss this opportunity to serve the congregation.

Spirit in Practice was created to help Unitarian Universalists develop regular disciplines, or practices, of the spirit—practices that help them connect with the sacred ground of their being, however they

understand it. The program affirms religious diversity while seeking unity in our communal quest for meaning and wholeness. Whether participants follow a path they identify as Humanist, Jewish, Christian, Pagan, Theist, Atheist, Agnostic, Mystic, and/or any of the other paths we follow in our diverse congregations, these ten workshops offer a forum for learning, sharing, and growth that can enrich their faith journeys. Workshops cover UU Spirituality, personal and communal practices, spiritual partnerships, mind/body/soul/life/justice practices.

<http://www.uua.org/re/tapestry/adults/practice/index.shtml>

Goodloe Activities

Enjoy A Fun Evening of Mystery with Goodloe! Saturday, May 11, 5-9pm

Goodloe's Murder Mystery and Pot Luck Fundraiser is coming up soon! It is being held at the Peerman's house (just 1.5 miles from the church). Everyone who has signed up will be given a part to play. The theme for this event is a traditional English mansion, exactly the kind of place where you would expect to have a murder mystery! Look in your email the week before the party for details about the story and your part in it. Other information will be given out during the evening that will contain important clues to help solve the mystery. Talk to everyone, examine the evidence closely, and see if you can figure out who dunnit!

Please review the sign-up sheet in the lobby if you have not indicated what kind of food you plan to bring for the pot luck (entrée, side dish, dessert, etc). Recommended donation is \$10 per person.

If you have questions, please get in touch with Kris & Angela Peerman (angela.peerman@gmail.com). See you there!



Bowie Springs Meditation

The Bowie Springs Meditation group meets on the 2nd and 4th Tuesdays each month from 7:15 until around 9:00. Three rotating facilitators lead the group in sitting meditation, walking meditation, and a dharma talk and discussion. Participants are invited to stay and enjoy a cup of tea following the activity on 4th Tuesdays.

Spiral Scouts

There will be no Spiral Scouts meeting this Thursday. Normally, we meet on the first Thursday of each month at 6:30pm in the RE room. This co-ed group earns badges, goes camping, and much more. For more information, contact Misty Cole: playmisty4me@gmail.com

In March, Goodloe earned \$24 through the Amazon.com fundraiser.

PFLAG

Friday, May 17, 7pm

Parents & Friends of Lesbians And Gays provides fellowship and support for lesbian, gay, bisexual, transgender, and questioning individuals and their family & friends. Everyone is welcome. Support groups are led by trained facilitators. Confidentiality is maintained.

Lending a Hand, Near and Far

Goodloe Endowment Fund Update

The Goodloe Endowment Fund is slowly growing with \$1825.00 added to the fund since our last report bringing the total balance to \$2225.00. Honorees since our last report are: Marjorie Harmon, sister of Louisa Davidson; Charles and Dorothy Morris, parents of Richard Morris; Kaye Dee Barrows, daughter of Bart and Laura Barrows; Freda Mauldin, daughter of Rev. Jane Mauldin and Brian Mauldin; Lillian Puda, mother of Jackie Lord; Lewis Morris Marks, Jr., father of Betsey Marks Delany; David Toussaint Alexander, husband of Ingrid Alexander; Ernest Donald York, husband of Jill York; Nelson Parkinson Towne, brother of Marlene Towle; Paul Sonderholm; husband of Reta Sonderholm and father of Sid Sonderholm; Glenn Norman Evans, brother of Carol Sonderholm; Vivian Nance, mother of Claudia Nance Kannon and Dana Nance; Ernest Bauer, husband of Marion Bauer; Winifred Lord, mother of Stephen Lord.

Anyone wishing to make a memorial or honorary contribution to the Endowment Fund can do so by giving a check to our Financial Officer along with information regarding the donor, honoree, and party to be notified with a tax receipt. If you have questions contact Laird or Marlene Towle.

Goodloe Readers

Thursday May 16, 7:30pm

["Enough is Enough: Building a Sustainable Economy in a World of Finite Resources"](#)

by Rob Dietz, Dan O'Neill, & Herman Daly

This book is available through the PG County Public Library and online for purchase (print, audio, or e-book). The link above also contains editorial and readers' reviews.

How Kiva Microlending Really Works

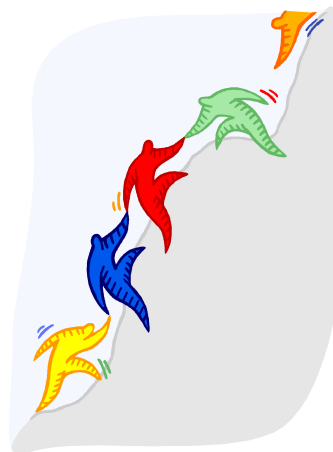
Thanks to one of our Goodloe Kiva Lenders I recently learned some details about how the Kiva Microlending program actually works which I am passing on to you in the interest of full disclosure.

When a prospective borrower applies for a loan from a foreign Kiva lender they are vetted by that agency. If they qualify, the local lender disburses the loan at its convenience and lists it on Kiva. Typically, the

loan gets disbursed before it gets listed on Kiva. When we "lend" the money to that borrower on the Kiva web site we are actually just reimbursing the agency for a loan they have already disbursed. The local agencies want it this way so that they have control

over the volume of loans they are making and can plan accordingly. The repayments we receive are tied to the specific loan we sign up for, but the borrower may actually get the funds a couple of weeks sooner than we think.

If you have any questions, call Laird Towle at 301-464-1159.



Music & More

Bowie State University Concert Choir's Annual Spring Concert

Date: Wednesday, May 1, 7-9pm
Location: Recital Hall, Fine & Performing Arts Center
Contact: Marymal Homes,
mholmes@bowiestate.edu
Phone: (301) 860-3754

The concert will feature choral music with the theme of "Spring Delight." Admission is free.

Emma's Revolution Hometown Concert

Date: Friday, May 10, 8pm
Location: Joe's Movement Emporium
3309 Bunker Hill Rd
Mount Rainier, MD

The award-winning activist songwriters and UU favorite, Emma's Revolution (Pat Humphries & Sandy O), will be performing their annual hometown concert on Friday, May 10th in Mt. Rainier, MD. You can view their eFlier at <http://mad.ly/7a4aa3>.

We look forward to seeing you there!

Social Justice Film & Discussion

Friday May 3, 7:00pm
[Welcome to Shelbyville](#) (70 minutes)

Set against the backdrop of a shaky economy, [Welcome to Shelbyville](#) takes an intimate look at a southern town as its residents – whites and African Americans, Latinos and Somalis – grapple with their beliefs, their histories and their evolving ways of life.

Goodloe Coffee House

Saturday, May 18, 7:30pm

Share your talents or just relax and enjoy. Bring a dish to share as well as \$1 for performers and \$5 for audience members. Guests and friends are always welcome. Contact the coffeehouse coordinator if you need child care for younger children. For this as well as other information about Goodloe's monthly coffee house event, contact Betsy Marks Delaney 301-922-1865 coffeehouse@goodloeuu.org

"We have to continue to learn. We have to be open. And we have to be ready to release our knowledge in order to come to a higher understanding of reality."

Thich Nhat Hanh

Board Meeting Minutes*

March 14, 2013



* The format of the Minutes has been condensed for space while preserving content.

Attendees: Cynthia Snavely, Steve Buckingham, Barbara Puccio, Kris Peerman, Kevin Smith.

There was a proposal to start a 12 step program for people dealing with Sex Addiction. This is focusing for the recovery of the family member. COSA is a 12 step recovery program for those affected by sex addiction. The decision was made to host these meetings starting in May. There was no objections.

Nominating Committee: There was a discussion about the nominating committee Sally has been drafted to join the board. They are still looking for other volunteers.

Committee on Ministry: Very good meeting with Noreen. She had many ideas. She is looking at possibly taking the choir on the road to get more community outreach. She wants the Choir to come upstairs and sort through the music.

Staff evaluations are being conducted. The hope is to

have these done by the annual meeting. People will be asked to evaluate staff officers.

There was a talk about the various outreach programs

There was a discussion about visiting the Patuxent Wildlife Refuge. The date for doing this will be 28 April at 1,2 or 3pm.

Education Ministry: There was a discussion about a homeschooling umbrella. Each state has different regulations. The need for encouraging parents to meet and the option for using a religious organization as an umbrella org. Trying to build a community in this area. Wants to set up a homeschool umbrella. Would you be willing to host bilingual classes? If you were acting as facilitator for the program. What is Kelly's responsibility as a moderator/ facilitator. There are no lesson plans showing that prove you provide an environment that teaches the same thing as is available in public schools. Homeschooling umbrella that welcomes all. Church's role would be what?

Building/ Facilities: They have an estimate for the

HVAC work.

Cleaning Activities: There will be a crew cleaning up the church. Also including a walkthrough of the building. This will happen on the 23rd of April

Pledge Drive: There was a discussion about the pledge drive.

Adult RE: There was a discussion about the direction of the adult RE. The Board appointed Gayle as the leader of the adult RE program.

Fundraising Opportunities: One card donates to any non-profit or charitable organization. Can have automatic Payments going to the church. Can donate to any charitable organization. There are 4 other UU churches that are using this.

DRE Position: There has been one application for the open position. This is the person that Anastasia suggested.

Murder Mystery: There was decision to do this in

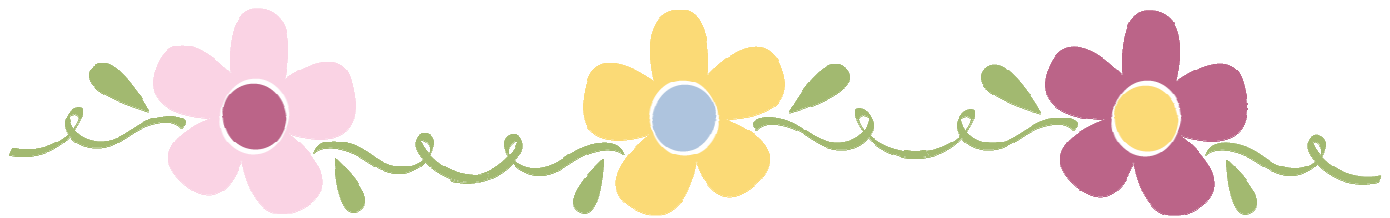
(Continued on page 9)

UUs of Color Online Gatherings

UUs of Color are invited to join monthly, online gatherings beginning in May, 2013. Jessica York, UUA Director of Youth Programs, will convene groups for adults, young adults, and youth of Color looking to create community within Unitarian Universalism. "Whether someone is in a congregation where they are one of a few

People of Color, in a congregation with a solid community of People of Color, or affiliated with no congregation at all, there are other UUs who could benefit from being with you," says York, a black religious educator who is part of a UUA staff team creating resources to help Unitarian Universalism become more multiculturally welcoming.

The group will use a small group ministry format. People who identify as Latino/a and Hispanic, multiracial/multiethnic, Native American, Asian, Arab, African descent, transracially adopted, and bi-racial are encouraged to join a gathering. Learn more on the Living Mosaic UUA blog or email jjyork@uua.org.



Board Meeting Minutes (Continued)

(Continued from page 8)

May 11th This will be at the Peerman's house.

Updated Brochures: We need to update the brochures. These documents may be lost so may have to recreate these from scratch. Convene an ad hoc committee to update and revise congregational

Shower for Anastassia: Anastassia will come in for the 2nd Sunday in April.

She is in search for a minister position. She had

asked about a child dedication for the baby.

The youth group have had 2 activities they had planning meeting at the McSwan's home with 6 kids drumming Last Friday with 5 kids.

Next Friday they are doing vegetable orchestra.

Congregational Dinner: The Murder Mystery will take the place of the congregational dinner.

Look at how we do "Thank You" messages at the annual meeting.

The new board will take office June 1st.

Board Retreat will be May 18th at 1pm.

Good of the congregation Pride Parade and Festival. Donate for UU Presence in the Parade and Pride Festival Booth in DC We will give them 20\$ for the booth.

The next Meeting will be Thursday April 11th, 2013 at 7pm

May 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5 10:30 Worship/YRE 11:45 Adult RE	6 7:00 Choir	7	8	9 7:00 Board of Trustees	10	11 5:00 Murder Mystery Party
12 9:45 Family Choir Practice 10:30 Worship	13 7:00 Choir	14 7:15 Bowie Springs Meditation	15	16 7:30 Goodloe Readers	17 7:00 PFLAG	18 7:30 Open Mic Coffeehouse
19 10:30 Worship/YRE 11:30 Pot Luck 11:45 Annual Meeting	20 7:00 Choir	21	22	23	24	25
26 10:30 Worship 11:45 Multigen RE 12:30 Chinese Buffet	29 7:00 Choir	30 7:15 Bowie Springs Meditation				

Goodloe Memorial Unitarian Universalist Congregation

Minister: **Rev. Cynthia Snavelly**
240-475-2111 (cell)

Minister Emeritus: **Rev. John Gaffney**

Religious Exploration Consultant:
Anastassia Zinke

Music Director: **Noreen Chin**
choirdirector@goodloeuu.org

Accompanist: **Lorraine Webb**

Board of Trustees

President:
Steve Buckingham: 443-838-2228

Vice President:
Catherine Weber 410-224-3353

Financial Officer:
Barbara Puccio 301-352-7828

Secretary:
Kris Peerman 301-249-2680

Trustees:
Kevin Smith: 410-258-0928
Rev Cyn Snavelly

Committee Chairs

Worship: Karen Scrivo

Building & Facilities: Sally Raymond

Communications: Vacant

Membership: Ken Shilling

Ministry:
Ken Shilling, Steve Buckingham,
Laird Towle, Nita Page Daves

Goodloe Green Sanctuary: Vacant

Coffee House Chair:
Betsy Delaney 301-922-1865

Goodloe Readers:
Laird Towle: 301-464-1159

Kiva Investing: Laird Towle

Odyssey Editor: Angela Peerman

Notice: Lorraine Webb, Maryland Notary

Lorraine Webb, a certified Maryland Notary, offers her services, free of charge, to Goodloe Memorial members and friends. If you would like to utilize her notary services, contact her: (301) 218-1516 or llacey33@verizon.net.

Please Buy Giant Scrip

Use scrip as cash at Giant Food Stores.

Goodloe makes 5% each time you shop.

There is no additional cost to purchase Giant Scrip. Use the scrip like a gift card at the check-out line.

Deadline for Next Odyssey: May 22nd, 2013

Please email submissions to
goodloe.newsletter@gmail.com

If you have changed your address, phone, or email, please let us know by emailing goodloe.memorial@gmail.com or call Jackie Lord 301-249-7713 or Nancy Choice 301-805-5345.

**Goodloe Memorial
Unitarian Universalist
Congregation** is named
for Don Speed Smith
Goodloe, first principal of
Maryland Normal and
Industrial School, Bowie.



Goodloe Memorial Unitarian Universalist Congregation



1540C Pointer Ridge Place
Bowie, MD 20716
301 218-5277
www.goodloeuu.org
Reverend Cynthia Snavely
Service and Religious Education 10:30 am Sundays

