



Odyssey

January 2013

Sunday Services

Jan 6 *For What are We Searching?*

Rev. Cyn Snavelly

“All this was a long time ago, I remember, And I would do it again, but set down this: were we lead all that way for Birth or Death? There was a Birth, certainly, We had evidence and no doubt. I have seen birth and death, But had thought they were different; this Birth was Hard and bitter agony for us, like Death, our death. We returned to our places, these Kingdoms, But no longer at ease here, in the old dispensation, With an alien people clutching their gods. I should be glad of another death.” T.S. Eliot from “The Journey of the Magi”

Jan 13 *Someone is Sick: What Can I Do?*

Rev. Cyn Snavelly

Many of our modern illnesses are chronic. We may live for years with diabetes, heart disease, dementia, even cancer. This Sunday we consider what we can do to support one another long term.

Jan 20 *Morality and Mindfulness: Spiritual Practices for 2013*

Gayle Scroggs

As we set our resolutions for the New Year, how might a dive into the connection between morality and mindfulness create new paths for deepening our sense of connection to something beyond our own small selves—and create a sense of joy and fulfillment at the same time?

Jan 27 *Good Guys/Bad Guys—The Problem of Dualism*

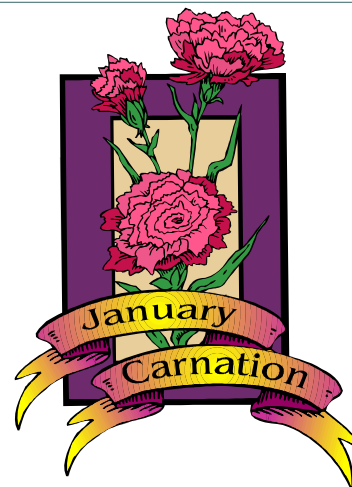
Rev. Cyn Snavelly

The Zoroastrians gave us the idea of a cosmic war of good against evil. Jews, Christians and George Lucas have taken up the idea. But is it a good idea or does it create more problems than it solves?

Feb 3 *The Meaning of Life*

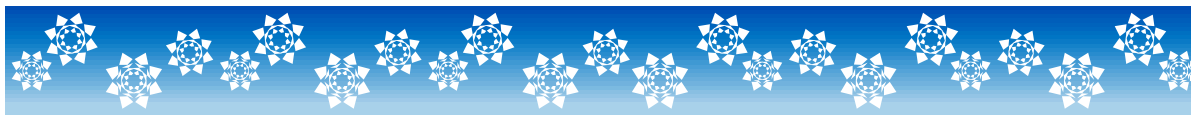
Rev. Cyn Snavelly

I can't answer the question as to whether there is a grand purpose for life being in the universe, but I can seek out a meaning and purpose for my own life.



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From the Minister

Dear Members and Friends of Goodloe Memorial:

We enter this new year talking about guns and mental illness and a fiscal cliff. Not exactly a glass is half full, puppies, smiles and roses way to start. But, maybe we will actually do something as a society to make some positive changes for the future. We are entering this new year not as babes but as responsible adults.

There are weapons on our streets and in our homes meant for a battlefield. We can do something to begin to take these out of commission.

We closed down the mental hospitals because they were so terrible, but we did not find a way to provide community services. Now our mentally ill are in prison and living on the streets. And families struggle to get their loved one the help they don't think they need.

We will have to address the growing expense of Medicare and Social Security as my cohort—the Baby Boomers—come into the system. Will we be willing and able to pay for the same kind of safety net we have had in the past or will we need to make some changes?

We, as a part of our society, need to take part in the conversations on these decisions. Let us consider whether or not the various options affirm the inherent worth and dignity of people and whether the choice is just, equitable and compassionate. We have a responsibility to add our point of view to discussions as decisions are made.

Margaret Mead, twentieth century anthropologist said “Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has,” and Edward Everett Hale, nineteenth century author, historian and Unitarian clergyperson said, “I am only one; but still I am one. I cannot do everything; but still I can do something; and because I cannot do everything, I will not refuse to do the something that I can do.” In this new year let us each resolve to do what we can to be committed citizens joining with others to change the world. It is only by our hands that the world can be blessed.

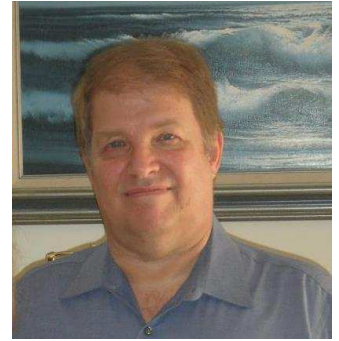
Blessed Be,
Cyn



"Community cannot for long feed on itself; it can only flourish with the coming of others from beyond, their unknown and undiscovered brothers."

Howard Thurman

From the President: Consideration



Since the Winter Solstice, the days have been getting longer, and we are slowly emerging from dark days into a brighter world. Along with the promise brought by the changing seasons, many of us have noticed new signs of hope in our faith community. The experiment we began in October with new worship and religious exploration programming seems to have brought new energy and interest among those participating each week. But now is time to find out how our new structure and programs are affecting everyone in our faith community.

As promised we will hold a congregational meeting on January 13 at 11:00 am, at which time we will evaluate our experience with the changes we made to our worship and RE schedule. We need to hear from everyone:

- Those who have joined in the new activities as well as those who have not;
- Those with positive experiences and those with negative ones;
- Those who have found the changes easy and those who have found them difficult; and
- Those who like what is happening and those who want changes.

Anyone who is not able to attend is welcome to provide feedback to me by email (sbuckingham@comcast.net) or phone (443-838-2228), or to contact any member of the Board (Cathy Weber, Barb Puccio, Kevin Smith, Kris Peerman or Rev. Cyn Snavelly).

It is only by sharing with each other that we can reach consensus on our path forward. We ask that we listen carefully to each other and to give due consideration to others'

opinions. We know that we cannot please everyone, and we need to appreciate differences of opinion among us. As individuals who voluntarily share their spiritual journeys, we are pledged to reach consensus on where to go and how to get there.

Therefore, we are embarking on a journey of "consideration" involving most of that word's meanings:

- Careful thought
- Mindfulness of others
- Relevant factors - something to be taken into account when weighing the pros and cons of a situation
- Detailed examination
- Respect

Steve Buckingham

Guest At Your Table

Through the holiday season, our Guest at Your Table materials and *Stories of Hope* booklet have taught us about real people engaged in struggles for justice in the United States and around the world. It has also taught us about our own power to change the world and inspired us to share our blessings to support the Unitarian Universalist Service Committee and the many amazing people they partner with. Please remember to bring back your Guest at Your Table box or envelope on Sunday, January 6. If you miss bringing back your Guest at Your Table box that Sunday, please return it to Rev. Cyn at your earliest opportunity. Thank you!

Religious Exploration

Youth RE: Spirit Play Corner

In the dark wintertime that begins our new year, I believe it is a spiritual practice to open our eyes the widest and seek truths in an open-hearted way. In January, we will embody this spirit through stories from two Asian cultures:

Jan 6: The Greatest Power (a Chinese story of seeking harmony and peace, as inspired by nature's laws);

Jan 20: The Butterfly and the Cocoon: A Tale from Islam (which emphasizes the value of perseverance).

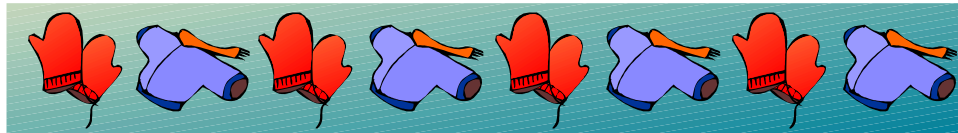
In December, I enjoyed meeting with the parents, dialoging about the positive direction that the RE program is taking, and gathering ideas on how we can move to a place of greater involvement and connection here at Goodloe. This is a conversation we invite you into! We are still looking for one or two members to serve on a RE committee this year.

Please contact me if you are interested, at anastassiazinke@yahoo.com or (917) 693-4584.

This month, I am also preparing for my

maternity leave. Kent and I will be welcoming our first child sometime at the end of January or in early February. Several members of the community have stepped forward and expressed willingness to lead the program during my leave, and the curriculum is set. I am holding a training on January 12 to make sure that everyone is prepared for the six-weeks of interim coverage. I feel grateful for the support and confident that we will continue to offer a strong, relevant RE program.

-Anastassia Zinke,
Religious Exploration



Goodloe Congregational Meeting

Sunday, January 13, 11am

At this very important meeting, we will follow-up on the changes that have taken place over the past few months. The biggest change, of course, has been the new start time for Sunday services and having Religious Exploration following the service instead of being held concurrently. We have also made other changes, such as having Youth RE and Adult RE concurrently twice a month,

multigenerational RE activities once or twice a month, while reserving potluck Sundays for socializing.

How are you feeling about all of this? Better than you hoped? Needs some tweaking? Even if you haven't been around much, come to the meeting, and let's talk about it.

Goodloe Activities

Goodloe Readers

Thurs Jan 17, 7:30pm

[“Does This Baby Make Me Look Straight?
Confessions of a Gay Dad”](#)

by Dan Bucatinsky

This book is available through the PG County Public Library and online for purchase (print or e-book edition). The link above also contains editorial and readers' reviews.

Goodloe Coffee House

Saturday, Jan 19, 7:30pm

Share your talents or just relax and enjoy. Bring a dish to share as well as \$1 for performers and \$5 for audience members. Guests and friends are always welcome. Contact the coffeehouse coordinator if you need child care for younger children. For this as well as other information about Goodloe's monthly coffee house event, contact Betsy Marks Delaney 301-922-1865 coffeehouse@goodloeuu.org



Spiral Scouts

Spiral Scouts will not be meeting on our usual first Thursday this month. Instead, we will meet the following Thursday, Jan 10 at 6:30pm in the RE room. This co-ed group earns badges, goes camping, and much more. For more information, contact Misty Cole. playmisty4me@gmail.com

Bell Choir

We greatly appreciate the support & encouragement for the Bell Choir. It is a great joy to play bells as part of service. Starting in January, the bell choir will ring out songs on the 4th Sundays. The Bell Choir will conduct "Try-Ins." If you want to try, then you are "In". We will rehearse on Thurs Jan 17 & 24 at 7:30 PM at Goodloe. If you are interested in playing bells, please contact Ken Shilling.

Bowie Springs Meditation

The Bowie Springs Meditation group meets on the 2nd and 4th Tuesdays each month from 7:15 until around 9:00. Three rotating facilitators lead the group in sitting meditation, walking meditation, and a dharma talk and discussion. Participants are invited to stay and enjoy a cup of tea following the activity on 4th Tuesdays.



PFLAG

Friday, Jan 18, 7pm

Parents & Friends of Lesbians And Gays provides fellowship and support for lesbian, gay, bisexual, transgender, and questioning individuals and their family & friends. Everyone is welcome. Support groups are led by trained facilitators. Confidentiality is maintained.

Special Events at Goodloe

Goodloe and NARAL Prochoice Maryland Social Justice Film and Discussion: *12th and Delaware*

Location: Goodloe
Date: Fri Jan 4, 2013
Film: *12th & Delaware*

Doors open at 6:30 pm.
Film begins promptly at 7pm.
Please bring snacks to share.

NARAL Prochoice Maryland is partnering with Goodloe in January for our social justice film and discussion. They are bringing the film and inviting the larger community. Please come out and show Goodloe's support for this effort.

Have you seen billboards for "crisis pregnancy centers" in your neighborhood? These advertisements are for anti-

choice organizations, known as "crisis pregnancy centers" (CPCs). CPCs often pose as legitimate health centers, but frequently misinform, mislead, and manipulate women facing an unintended pregnancy about their reproductive health care options.

CPCs are not new. They have been in operation for decades, growing their ranks to 4,000 across the country – including more than 40 in Maryland. NARAL Pro-Choice Maryland Fund is collaborating with activists from across the state to educate our communities

about CPCs. Bowie is the next stop of our Tour to Expose Fake Clinics.

NARAL Pro-Choice Maryland Fund is excited to present the award-winning film, *12th & Delaware*, which follows activity on a quiet street corner in Florida where a women's health clinic stands across from a CPC. Join us for a free, public screening at the Goodloe Memorial Unitarian Universalist Congregation followed by a panel discussion. The film doesn't take a position on choice - it starts a conversation.

Bowie Springs Meditation Morning of Mindfulness

Location: Goodloe
Date: Sat Jan 5, 2013
Time: 8:45am-1pm

We will share Deep Relaxation, Mindful Movement, Seated and Walking Meditation, Mindful Eating, and Discussion.

Please bring vegetarian food to share. (Ideas include salad, fruit, bread, or cheese, etc.)

Please bring your own plate and

utensils to minimize waste.

Bring a blanket, mat and cushion or pillow for relaxation.

Recommended Contribution: \$15 - \$20.
For those who feel unable to make this contribution, please talk to someone at the registration table for alternative arrangements.

Questions? More information is available by email at:
leeweimer@verizon.net



Upcoming Events

UULM Victory Celebration and Upcoming Plans

Unitarian Universalist
Church of Annapolis
333 Dubois Road
Annapolis, MD 21401

Saturday, Jan 12, 2013
9am-1:30pm

Registration & coffee
from 8:30 am

Join UUs from throughout Maryland, elected officials, and advocates as we celebrate the November 6th victories on marriage equality and the DREAM Act and recognize some of those who helped make these victories possible. You will have an opportunity to discuss how UUs can

increase the effectiveness of our advocacy efforts and learn more about the UULM-MD priority issues for the 2013 Maryland General Assembly session, including offshore wind power, fracking, gender equity, and repeal of the death penalty in Maryland.



Speaker: Gun Violence As A Public Health Issue

Temple Solel
2901 Mitchelville Rd
Bowie, MD 20716

Sunday, Jan 13, 2013
9:30-11:30am

Temple Solel, a Reform Jewish congregation located in Bowie and serving Prince George's and Anne Arundel counties, will be hosting Vincent DeMarco of Faiths United to Prevent Gun Violence as the sole speaker at a social action event on Sunday Jan. 13.

This free event, which includes light refreshments, is open to the public. If you want to attend, please call the

temple at 301-249-2424 by Jan. 10, to allow planning for adequate refreshments.

Mr. DeMarco will be discussing gun violence as a threat to public health, with an emphasis on what steps concerned citizens can take for positive change, particularly in the wake of the shootings in Newtown, Conn. and Webster, N.Y. He will be taking questions from the audience at the end of his talk.

The event takes place at the temple, 2901 Mitchellville Road, in Bowie, from 9:30 a.m. to 11:30 a.m.

Mr. DeMarco, Adjunct Assistant Professor at the Johns Hopkins Bloomberg

School of Public Health, is a long-time advocate for public health causes, including reducing gun violence and teen smoking, and expanding access to health care.

He is National Coordinator of Faith United Against Tobacco, and President of the Maryland Citizens' Health Initiative. In 2007, he was named Families USA's "Health Advocate of the Year" and in 2002 he received the Central Maryland Ecumenical Council's "Ecumenical Leadership Award."

He is also the subject of Michael Pertschuk's 2010 book, *The DeMarco Factor: Turning Public Will into Political Power*.

Board Policy #7: Inclement Weather



The following policy will apply whenever weather or other conditions could prevent our congregation from holding scheduled services or any other activity or event. These conditions include:

- ◆ Winter storms: snow, ice, sleet, freezing rain, icy roads, etc.
- ◆ Water-related problems: hurricane, flooding, etc.
- ◆ Building problems: power outage, leaking roof, etc.

Responsibility for determining whether a Goodloe activity will be cancelled or moved to another location resides with:

The convener or chair of a committee meeting, social event, or other activity that is not a regularly-scheduled worship service

For a regularly scheduled worship service, the following persons will confer with each other in making the decision whether or not to cancel services:

- ◆ President or, in his/her absence, the Vice President
- ◆ Minister
- ◆ Worship Committee Chair
- ◆ Leader of the service
- ◆ Director of Religious Exploration or RE chair

In the event that any condition exists that could interfere with holding a regularly-scheduled worship service, the President shall:

Contact the person scheduled to lead the service (the minister, lay leader or visiting presenter) to determine whether that person will be arriving as planned.

In the event that the President, Minister or Worship Chair determines that a regularly-scheduled service should be cancelled or moved to another location, he/she shall immediately notify the following people by phone:

- ◆ The email administrator who will send out an email message to the congregation
- ◆ The webmaster who will post a notice on the Goodloe web site
- ◆ DRE – who will notify all teachers scheduled that day
- ◆ Choir Director – who will notify all choir members
- ◆ Set-up crew

In addition, the President shall:

- ◆ Record a new outgoing message on the answering machine

In the event that the convener or chair determines that the event or activity should be moved or cancelled, he/she shall:

If the event is a congregation-wide or public event:

- ◆ Notify the email administrator who will send out an email message to the congregation
- ◆ Record a new outgoing message on the answering machine.

If the event is a regularly scheduled meeting and the group has elected to follow the inclement weather policy of a county group (e.g., Prince George's County School System), no notification is necessary for inclement weather.

If the event is not congregation-wide and no county inclement weather policy is selected or the reason for cancellation is not due to weather, notify all planned participants of the decision.

Inform the congregation annually in the Autumn of the inclement weather policy.

Goodloe Contributions

To submit an expense for reimbursement or record a donation, please look for the form on the Goodloe website at the bottom of the STAFF page. The form is available as a word doc or PDF. After completing the form, just send as an attachment to Barb Puccio bpucandy@aol.com or turn it in on Sunday.

Amazon Fundraising

In November, Goodloe earned \$22.50 through the Amazon.com fundraiser. You can benefit Goodloe when you shop at Amazon at no extra cost to you! Enter the Amazon site through the link on the Goodloe webpage www.goodloeuu.org, and a portion of the sale will go to the congregation.

Details can be found here: <http://goodloeuu.org/AmazonLink2.html>

Board Meeting Minutes

November 13, 2012



Attendees: Cynthia Snavelly, Steve Buckingham, Catherine Weber, Kris Peerman, Kevin Smith, Sally Raymond (on behalf of the Aesthetics Committee)

There was a report from Sally on the Aesthetics Committee and other building maintenance issues. The Aesthetics Committee presented a draft of its policies and responsibilities paper. The following items need to be looked at or repaired in the building. Need a new light in the Blue Room. The air conditioning in Unit D is not running and need to diagnose and service. The Religious Exploration (RE) room needs to be repainted, possibly buy white board paint for RE or nursery space. We need a new Emergency Exit Sign. Need a new Goodloe Sign for the window. Need cabinet for mops or hanging mop rack. Things to consider, replacing the fan in the sanctuary with a larger fan with a remote control. Replace the full size fridge with a smaller unit. Put up Crown Molding in the Sanctuary to improve aesthetics. Consider purchasing a flat screen TV to show social justice and other related media on. Consider replacing the wooden and metal tables with the lighter plastic fold out tables.

We discussed the key controls and who has access to the new keys. Everyone who has a key, needs to have signed the key control form.

We need to establish a set of general setup instructions for normal operations and for Kaplan and other configurations as required. This will allow us to reconfigure the room as needed then replace furniture where it is

required.

There was a discussion about the new Religious Exploration program. Everyone present seemed to think that things were going well so far with the new RE program.

There was a discussion about how to entice new people to come into the congregation and how to engage with them so that they come back to the congregation.

The Committee on Ministry requested feedback on the various services including social justice, social, and pastoral. We need to discuss this with members of the congregation to get feedback on these services. There will be a meeting on the 13th of January to discuss the recent changes to the format and timing of the services.

The Religious Exploration consultant contract needed a few minor changes which Steve was taking care of.

It seems that so far the adult religious exploration program has been well received and is going well.

The Goodloe Celebration on the 1st of December was the main upcoming events were discussed.

We discussed about more advertising and where to advertise. It was suggested that we open up the Goodloe Facebook page to the public as a means to entice new people to our ranks.

We discussed about reminding people to use the link to Amazon through our Goodloe page. This allows the congregation to get a small percentage of the purchases.

There was a discussion about various policies and changes required.

Membership Policy:

Membership will auto renew unless they pass away or submit a resignation to the congregation. If a member does not participate in any event for a period of at least 1 year they will be placed on the inactive membership roster. The Membership Committee creates and maintains the list and provides feedback to the Board of Trustees and the Committee on Ministry.

Statements on Behalf of the

Congregation: Statements made on behalf of the congregation need approval for feedback require and also the board to be informed.

Annual Audits: An internal audit needs to be within one month of the beginning of the Fiscal Year.

Rental Policy: The Rate for rental of the facility will be included in the rental policy. There are separate rates for non church related usage of the facilities for members and non-members. There will be no alcohol served when the facility is rented for parties for participants under 21 years of age.

Endorsement Fund: Over 1K must be transferred to a separate account. There are no changes required for this policy.

Special Collection: The Board will decide at the beginning of the year which special collections we will support or as other events arise.

Disruptive Behavior Policy: This policy needs to be looked at further and possibly revised.

Meeting was adjourned at 9:07pm

January 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6 10:00 Worship 11:15 Youth & Adult RE	7	8 7:00 Board of Trustees 7:15 Bowie Springs Meditation	9	10 6:30 Spiral Scouts	11 6:30 Social Justice Film/Discussion	12
13 10:00 Worship 11:00 Pot Luck	14	15	16	17 7:30 Goodloe Readers 7:30 Bell Choir	18 7:00 PFLAG	19 7:30 Open Mic Coffeehouse
20 9:15 Family Choir Practice 10:00 Worship 11:15 Youth & Adult RE 12pm Chinese Buffet	21	22 7:15 Bowie Springs Meditation	23	24 7:30 Bell Choir	25	26 Full Moon ○
27 10:00 Worship 11:15 Multigen RE	28	29	30	31		

Goodloe Memorial Unitarian Universalist Congregation

Minister: **Rev. Cynthia Snavelly**
240-475-2111 (cell)

Minister Emeritus: **Rev. John Gaffney**

Religious Exploration Consultant:
Anastassia Vinke

Music Director: **Dick Wobus**: 301-249-1703
richard.wobus@verizon.net

Accompanist: **Lorraine Webb**

Board of Trustees

President:
Steve Buckingham: 443-838-2228

Vice President:
Catherine Weber 410-224-3353

Financial Officer:
Barbara Puccio 301-352-7828

Secretary:
Kris Peerman 301-249-2680

Trustees:
Kevin Smith: 410-258-0928
Rev Cyn Snavelly

Committee Chairs

Worship: Karen Scrivo

Building & Facilities: Sally Raymond

Communications: Vacant

Membership: Ken Shilling

Ministry:
Ken Shilling, Steve Buckingham,
Laird Towle, Nita Page Daves

Goodloe Green Sanctuary: Vacant

Coffee House Chair:
Betsy Delaney 301-922-1865

Goodloe Readers:
Laird Towle: 301-464-1159

Kiva Investing: Laird Towle

Notice: Lorraine Webb, Maryland Notary

Lorraine Webb, a certified Maryland Notary, offers her services, free of charge, to Goodloe Memorial members and friends. If you would like to utilize her notary services, contact her: (301) 218-1516 or llacey33@verizon.net.

Please Buy Giant Scrip

Use scrip as cash at Giant Food Stores. Goodloe makes 5% each time you shop. **There is no additional cost to purchase Giant Scrip. Use the scrip like a gift card at the check-out line.**

Deadline for Next Odyssey:

January 22nd, 2013

Please email submissions to

goodloe.newsletter@gmail.com.

If you have changed your address, phone, or email, please let us know by emailing goodloe.memorial@gmail.com or call Jackie Lord 301-249-7713 or Nancy Choice 301-805-5345.

**Goodloe Memorial Unitarian
Universalist Congregation** is named for Don Speed Smith Goodloe, first principal of Maryland Normal and Industrial School, Bowie



Goodloe Memorial Unitarian Universalist Congregation



1540C Pointer Ridge Place
Bowie, MD 20716
301 218-5277
www.goodloeuu.org
Reverend Cynthia Snavely
Service and Religious Education 10:30 am Sundays

